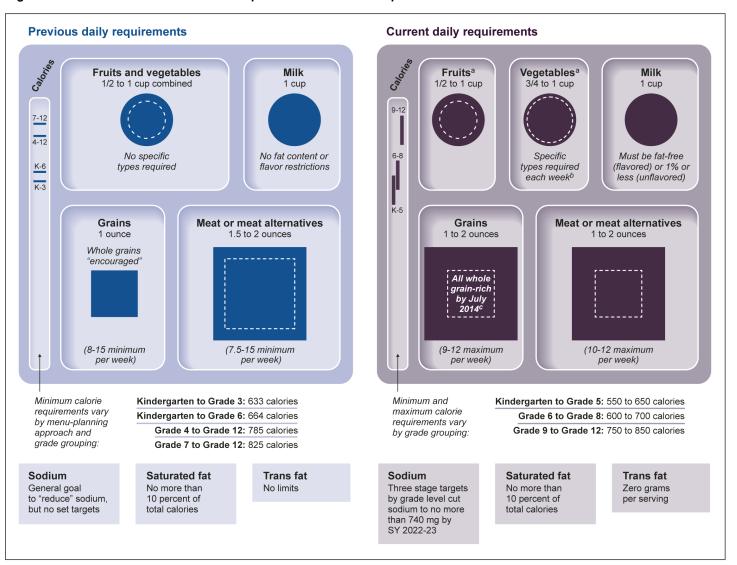
Figure 2: Previous and Current Federal Requirements for Meal Components and Nutrients in School Lunches



Source: USDA Analysis of Previous and Current Requirements, 77 Fed. Reg. 4088, 4113 and 7 C.F.R. § 210.10 (2012).

Notes: Under the previous federal requirements for school lunch, SFAs could choose to use one of five approved approaches to plan their menus. Three of these approaches focused on nutrient requirements and did not specify portion size requirements. The requirements for portion sizes in the two food-based menu planning approaches are shown in the figure. The ranges of portion sizes shown reflect the minimum requirements, which vary by grade group and, for the previous requirements, by menu planning approach. Under the offer versus serve policy required in high schools and optional for other schools, students may decline two of the five lunch components they are offered

<sup>&</sup>lt;sup>a</sup> Beginning in school year 2012-2013, lunches offered to students must include both fruit and vegetable choices, and students must take at least one half cup of fruits or vegetables with their lunches.