

Study spotlight: Food, nutrition, & guaranteed income—Appendix

Appendix Table 1. In Her Hands Impacts on Nutrition Security Outcomes, by Number of Children

	No children					1 child					2 children					3+ children				
	<i>n</i>	Total (%)	Ctrl (%)	Tmt (%)	Sig.	<i>n</i>	Total (%)	Ctrl (%)	Tmt (%)	Sig.	<i>n</i>	Total (%)	Ctrl (%)	Tmt (%)	Sig.	<i>n</i>	Total (%)	Ctrl (%)	Tmt (%)	Sig.
Nutrition Security, Healthfulness Choice, and Dietary Choice[^]																				
<i>Nutrition Security</i>																				
Ate foods not good for health	121	54.9	67.8	43.2	**	100	58.8	63.2	54.9		94	59.5	70.6	47.3	*	100	53.4	68.8	32.7	***
Could not get healthful food	119	58.4	65.4	51.9		100	61.4	65.7	57.6		94	56.9	67.9	45.0	*	100	58.9	73.9	39.5	***
Worried the foods you ate would hurt health	122	49.7	53.8	46.0		99	55.1	57.8	52.7		94	62.4	73.5	50.2	*	100	51.1	65.8	32.1	***
Ate the same thing several days	121	55.7	63.8	48.0		100	53.1	55.3	51.1		94	59.4	67.8	50.1		101	55.1	67.1	39.2	**
Nutrition security score	122	2.4	2.1	2.7	**	100	2.4	2.3	2.5		95	2.4	2.0	2.8	***	102	2.4	2.0	3.0	***
<i>Healthfulness Choice</i>																				
Could control eating fruits/vegetables	116	66.9	61.5	72.0		97	73.1	68.6	77.4		91	68.3	67.2	69.6		99	70.6	72.7	67.9	
Could control eating foods good for your health	121	67.9	67.9	68.0		98	77.9	74.5	81.0		93	66.4	60.4	72.8		95	72.1	74.2	69.6	
Could control whether you ate processed foods	120	67.6	67.1	68.0		94	72.6	72.6	72.6		91	69.6	66.5	72.9		96	63.3	63.5	63.0	

Healthfulness choice score	123	2.0	2.0	2.0		98	2.2	2.2	2.2		94	2.1	2.1	2.1		100	2.1	2.0	2.2	
<i>Dietary Choice</i>																				
Had to eat foods you didn't want	119	57.8	67.0	49.2		98	65.6	65.1	66.2		93	62.7	74.4	50.1	*	93	62.3	78.4	40.5	***
Types of food you ate were unpredictable	119	52.6	60.1	45.8		96	62.4	61.5	63.2		91	56.0	62.0	49.7		91	55.3	70.5	34.5	***
Had little control over the food you ate	121	52.8	60.3	45.7		96	60.8	62.5	59.1		91	53.8	63.3	43.1		92	55.0	65.8	40.7	*
Dietary choice score	122	2.4	2.2	2.7	*	98	2.2	2.2	2.3		95	2.4	2.0	2.9	***	94	2.4	2.0	2.9	***

Notes:

Observation numbers vary slightly based on question response rate.

^Yes responses include those who reported "sometimes," "often," or "always"

*p<0.05; **p<0.01; ***p<0.001

Appendix Table 2. In Her Hands Impacts on Food Security Outcomes, by Number of Children

	No children					1 child					2 children					3+ children				
	<i>n</i>	Total (%)	Ctrl (%)	Tmt (%)	Sig.	<i>n</i>	Total (%)	Ctrl (%)	Tmt (%)	Sig.	<i>n</i>	Total (%)	Ctrl (%)	Tmt (%)	Sig.	<i>n</i>	Total (%)	Ctrl (%)	Tmt (%)	Sig.
Food Insecurity Indicators^																				
Food did not last	122	77.3	86.9	69.1	*	98	84.1	88.0	80.3		92	78.3	92.8	62.8	***	100	75.1	94.1	51.9	***
Could not afford balanced meals	122	72.0	76.1	68.4		97	68.9	71.1	66.7		91	66.7	79.4	52.6	**	98	69.7	90.2	43.7	***
Relied on low cost foods to feed child	NA	NA	NA	NA		96	76.5	81.9	71.3		91	75.7	83.7	66.7		66	72.1	91.7	49.3	***
Cut size or skipped meals	118	55.9	69.4	43.6	**	94	50.1	58.7	41.6		91	50.8	61.1	39.2	*	98	49.4	68.2	25.1	***
Ate less than needed	117	56.4	66.6	47.5	*	95	61.6	74.5	49.2	*	89	57.7	71.6	42.3	**	96	49.2	68.7	24.1	***
Hungry but didn't eat	119	46.1	63.3	30.7	***	90	49.0	63.1	35.9	**	91	47.2	55.1	38.3		97	45.1	63.3	22.2	***
Food Security Status	115					87					81					89				
Very low food security		49.6	65.7	35.2	***		45.2	56.3	34.2	*		39.7	55.8	23.5	**		44.8	64.9	17.9	***
Low food security		23.1	15.4	29.9			31.0	26.9	35.0			35.3	33.6	37.0			24.8	27.3	21.5	

High/marginal food security		27.3	18.8	34.8			23.9	16.8	30.8			25.0	10.6	39.5	**		30.4	7.8	60.5	***
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Notes:

Observation numbers vary slightly based on question response rate.

^ Yes responses include those who reported "sometimes true" or "often true"

^^ Difficult includes those who reported "very" or "somewhat" difficult

*p<0.05; **p<0.01; ***p<0.001

Appendix Table 3. In Her Hands Impacts on Nutrition Security Outcomes, by SNAP

	No SNAP					SNAP				
	<i>n</i>	Total (%)	Ctrl (%)	Tmt (%)	Sig.	<i>n</i>	Total (%)	Ctrl (%)	Tmt (%)	Sig.
Nutrition Security, Healthfulness Choice, and Dietary Choice[^]										
<i>Nutrition Security</i>										
Ate foods not good for health	131	64.4	73.7	54.6	*	284	52.9	64.9	40.5	***
Could not get healthful food	130	64.2	69.6	58.6		283	56.6	67.8	44.9	***
Worried the foods you ate would hurt health	132	58.5	63.9	52.6		283	52.2	61.8	42.4	**
Ate the same thing several days	132	60.6	70.3	50	*	284	53.5	60.7	46.1	*
Nutrition security score	132	2.2	2	2.6	**	287	2.5	2.1	2.8	***
<i>Healthfulness Choice</i>										
Could control eating fruits/vegetables	129	66.3	58.7	74.2		274	71.2	71.5	70.9	
Could control eating foods good for your health	130	69.3	64.6	74.2		277	71.8	71.5	72	
Could control whether you ate processed foods	131	68.3	68.4	68.3		270	68.1	66.5	69.6	
Healthfulness choice score	131	2.1	1.9	2.2		284	2.1	2.1	2.1	

<i>Dietary Choice</i>										
Had to eat foods you didn't want	132	61.7	67.4	55.4		271	62	73.2	50.4	***
Types of food you ate were unpredictable	130	51.9	55.5	48.1		267	58.5	67.5	49.2	**
Had little control over the food you ate	131	50.7	55	46.1		269	57.8	66.8	48.2	**
Dietary choice score	132	2.4	2.2	2.7	*	277	2.4	2.1	2.7	***

Notes:

Observation numbers vary slightly based on question response rate.

^Yes responses include those who reported "sometimes," "often," or "always"

*p<0.05; **p<0.01; ***p<0.001

Appendix Table 4. In Her Hands Impacts on Food Security Outcomes, by SNAP

	No SNAP					SNAP				
	<i>n</i>	Total (%)	Ctrl (%)	Tmt (%)	Sig.	<i>n</i>	Total (%)	Ctrl (%)	Tmt (%)	Sig.
Food Insecurity Indicators[^]										
Food did not last	128	75.8	86.0	65.2	**	284	79.8	92.4	67.3	***
Could not afford balanced meals	128	72.8	79.9	65.2		280	68.1	79.3	56.5	***
Relied on low cost foods to feed child	76	82.1	86.3	77.1		209	72.1	85.9	57.6	***
Cut size or skipped meals	124	47.8	61.9	32.5	***	277	53.5	66.1	40.4	***
Ate less than needed	124	52.2	66.4	37.9	**	273	57.9	71.7	43.3	***
Hungry but didn't eat	121	48.9	69.1	27.6	***	276	45.8	57.9	33.4	***
Food Security Status	112					260				
Very low food security		41.4	58.9	23.4	***		46.9	62.2	31.1	***
Low food security		26.1	23.4	28.9			28.8	25.9	31.7	
High/marginal food security		32.5	17.7	47.8	***		24.3	11.9	37.2	***

Notes:

Observation numbers vary slightly based on question response rate.

[^] Yes responses include those who reported "sometimes true" or "often true"

^{^^} Difficult includes those who reported "very" or "somewhat" difficult

*p<0.05; **p<0.01; ***p<0.001