



### Examples of K-12 Products That Meet Sodium Reduction Target 3

The following table displays examples of K-12 products that contain no more than 430 mg sodium based on an analysis conducted by the Center for Science in the Public Interest (CSPI) of select companies' K-12 portfolios in 2021. This limit is the lowest sodium reduction target that had been set by the U.S. Department of Agriculture (USDA) for school meals. The target was removed by the USDA and thus will not go into effect, but the USDA is currently considering revisions to sodium standards to better align with the Dietary Guidelines for Americans (DGA).

These products also contain no more than 12 grams of added sugar (and thus could fit within a DGA-aligned added sugar standard for any age group at breakfast and lunch) and are free from artificial sweeteners of concern and synthetic food dyes. Products that are creditable grains are all whole grain-rich. Nutrition information presented is per serving. This list is meant to provide examples only, and is not an exhaustive list of products that meet these criteria. Availability of products and product formulation may change at any time. Inclusion on this list is not an endorsement by CSPI or the National Alliance for Nutrition and Activity (NANA). Always confirm nutrition information provided by the manufacturer.

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Campbell's Foodservice	Condiments and toppings	Campbell's® Beef Gravy	25	380	0
Campbell's Foodservice	Condiments and toppings	Campbell's® Brown Gravy	30	320	0
Campbell's Foodservice	Condiments and toppings	Campbell's® Chicken Gravy	30	270	0
Campbell's Foodservice	Condiments and toppings	Campbell's® Turkey Gravy	30	290	0
Campbell's Foodservice	Condiments and toppings	Pace® Chunky Salsa - Medium	10	230	0
Campbell's Foodservice	Condiments and toppings	Pace® Chunky Salsa - Mild	10	230	0
Campbell's Foodservice	Condiments and toppings	Pace® Picante Sauce - Medium	10	250	0
Campbell's Foodservice	Condiments and toppings	Pace® Picante Sauce - Mild	10	250	0
Campbell's Foodservice	Condiments and toppings	Pace® Taco Sauce	10	130	1
J.M. Smucker Co.	Condiments and toppings	1.1 oz. Jif Creamy Peanut Butter Cups	180	130	2
J.M. Smucker Co.	Condiments and toppings	1/2 oz. Smucker's Grape Jelly PC	35	5	6
J.M. Smucker Co.	Condiments and toppings	1/2 oz. Smucker's Strawberry Jam PC	35	0	7
J.M. Smucker Co.	Condiments and toppings	1/2 oz. Smucker's Natural Blackberry Jam	35	0	6
J.M. Smucker Co.	Condiments and toppings	1/2 oz. Smucker's Natural Grape Jam	35	0	8
J.M. Smucker Co.	Condiments and toppings	1/2 oz. Smucker's Natural Honey	45	0	0
J.M. Smucker Co.	Condiments and toppings	1/2 oz. Smucker's Natural Orange Marmalade	35	0	8
J.M. Smucker Co.	Condiments and toppings	1/2 oz. Smucker's Natural Red Raspberry Jam	35	0	8
J.M. Smucker Co.	Condiments and toppings	1/2 oz. Smucker's Natural Strawberry Jam	35	0	8
Kraft Heinz Co.	Condiments and toppings	Eastern Sun Soy Sauce	0	260	0
Kraft Heinz Co.	Condiments and toppings	Grey Poupon Dijon Mustard	10	160	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Kraft Heinz Co.	Condiments and toppings	Heinz Chipotle Aioli	35	150	2
Kraft Heinz Co.	Condiments and toppings	Heinz Deli Mustard	0	60	0
Kraft Heinz Co.	Condiments and toppings	Heinz Fat Free Mayonnaise	10	100	1
Kraft Heinz Co.	Condiments and toppings	Heinz Garlic and Herb Aioli	35	130	1
Kraft Heinz Co.	Condiments and toppings	Heinz Honey Mustard	130	150	5
Kraft Heinz Co.	Condiments and toppings	Heinz Honey Mustard	40	160	7
Kraft Heinz Co.	Condiments and toppings	Heinz Hot Taco Sauce	0	55	0
Kraft Heinz Co.	Condiments and toppings	Heinz Ketchup	10	95	2
Kraft Heinz Co.	Condiments and toppings	Heinz Ketchup	20	180	4
Kraft Heinz Co.	Condiments and toppings	Heinz Ketchup	20	180	4
Kraft Heinz Co.	Condiments and toppings	Heinz Ketchup Inverted Bottle	20	180	4
Kraft Heinz Co.	Condiments and toppings	Heinz Ketchup T-bird Bottle	20	170	4
Kraft Heinz Co.	Condiments and toppings	Heinz Ketchup Vol-Pak	20	180	4
Kraft Heinz Co.	Condiments and toppings	Heinz Light Mayonnaise	35	115	1
Kraft Heinz Co.	Condiments and toppings	Heinz Light Mayonnaise	50	150	2
Kraft Heinz Co.	Condiments and toppings	Heinz MayoChup Packets	70	75	0.5
Kraft Heinz Co.	Condiments and toppings	Heinz Mayonnaise	80	80	0
Kraft Heinz Co.	Condiments and toppings	Heinz Mayonnaise	100	85	0
Kraft Heinz Co.	Condiments and toppings	Heinz Mild Taco Sauce	0	55	0
Kraft Heinz Co.	Condiments and toppings	Heinz No Salt Added Marinara	60	40	0
Kraft Heinz Co.	Condiments and toppings	Heinz Real Mayonnaise	80	80	0
Kraft Heinz Co.	Condiments and toppings	Heinz Salsa	20	300	0
Kraft Heinz Co.	Condiments and toppings	Heinz Sweet and Sour	45	120	10
Kraft Heinz Co.	Condiments and toppings	Heinz Tartar Sauce	45	120	1
Kraft Heinz Co.	Condiments and toppings	Heinz Yellow Mustard	0	60	0
Kraft Heinz Co.	Condiments and toppings	Heinz Yellow Mustard	0	65	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Kraft Heinz Co.	Condiments and toppings	Kraft Light Mayonnaise	30	85	0
Kraft Heinz Co.	Condiments and toppings	Kraft Mayonnaise	90	65	0
Kraft Heinz Co.	Condiments and toppings	Kraft Mayonnaise	90	70	0
Kraft Heinz Co.	Condiments and toppings	Kraft Mayonnaise Extra Heavy	90	75	0
Kraft Heinz Co.	Condiments and toppings	Kraft Mayonnaise Light	35	100	0
Kraft Heinz Co.	Condiments and toppings	Kraft Miracle Whip	35	80	0
Kraft Heinz Co.	Condiments and toppings	Kraft Miracle Whip	40	95	1
Kraft Heinz Co.	Condiments and toppings	Philadelphia 1/3 Less Fat Light	60	110	0
Kraft Heinz Co.	Condiments and toppings	Philadelphia Chive and Onion	80	150	0
Kraft Heinz Co.	Condiments and toppings	Philadelphia Garden Vegetable	70	150	0
Kraft Heinz Co.	Condiments and toppings	Philadelphia Original	70	115	0
Kraft Heinz Co.	Condiments and toppings	Philadelphia Original	70	115	0
Kraft Heinz Co.	Condiments and toppings	Philadelphia Plain Loaf	110	110	0
Kraft Heinz Co.	Condiments and toppings	Philadelphia Plain Tub	80	125	0
Kraft Heinz Co.	Condiments and toppings	Philadelphia Plain Whipped	50	85	0
Kraft Heinz Co.	Condiments and toppings	PPI Mayonnaise	60	60	0
Kraft Heinz Co.	Condiments and toppings	PPI Mustard	0	65	0
Kraft Heinz Co.	Condiments and toppings	Salsa Del Sol Hot Sauce	0	90	0
Kraft Heinz Co.	Condiments and toppings	Salsa Del Sol Jalapeno Hot Sauce	0	110	0
Kraft Heinz Co.	Condiments and toppings	Simply Heinz Honey Mustard	45	230	7
Kraft Heinz Co.	Condiments and toppings	Simply Heinz Ketchup	15	160	3
Kraft Heinz Co.	Condiments and toppings	Simply Heinz Ketchup	20	170	3
Kraft Heinz Co.	Condiments and toppings	Simply Heinz Ketchup Vol-Pak	20	170	3
Kraft Heinz Co.	Condiments and toppings	Simply Heinz Mayonnaise	90	65	0
Kraft Heinz Co.	Condiments and toppings	Simply Heinz Mayonnaise	90	65	0
Kraft Heinz Co.	Condiments and toppings	Simply Heinz Yellow Mustard	0	85	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Kraft Heinz Co.	Condiments and toppings	Tabasco Chipotle Sauce	0	65	0
Kraft Heinz Co.	Condiments and toppings	Tabasco Jalapeno Sauce	0	85	0
Land O' Lakes	Condiments and toppings	Land O Lakes® Fat Free Sour Cream	25	30	0
Land O' Lakes	Condiments and toppings	Land O Lakes® Sour Cream	60	25	0
Rich Products	Condiments and toppings	Chocolate on Top Pre-Whipped Topping	25	5	2
Rich Products	Condiments and toppings	Mallow On Top Pre-whipped topping	40	10	4
Rich Products	Condiments and toppings	On Top Made With Cream Pre-Whipped Topping	25	0	1
Rich Products	Condiments and toppings	On Top Pre-Whipped Topping	25	0	2
Schwan Food Company	Condiments and toppings	MINH® LESS SODIUM KUNG PAO SAUCE 6 lbs bags	30	220	4
Schwan Food Company	Condiments and toppings	MINH® LESS SODIUM ORANGE SAUCE 6 lb bags	50	100	11
Schwan Food Company	Condiments and toppings	MINH® LESS SODIUM SZECHWAN SAUCE 6 lb bags	35	300	4
Schwan Food Company	Condiments and toppings	MINH® LESS SODIUM TERIYAKI SAUCE 6lb bags	60	260	11
Schwan Food Company	Condiments and toppings	MINH® SWEET & SOUR SAUCE 6 lb bags	50	75	10
Schwan Food Company	Condiments and toppings	MINH® SWEET & SOUR SAUCE.4 oz. Individual Packet	15	70	4
Foster Farms	Breakfast burritos and sandwiches	WG Cheese, Turkey Sausage & Egg Grab Wraps®, 2.81 oz., IW, CN	200	360	0.5
Foster Farms	Breakfast burritos and sandwiches	WG Egg & Cheese Breakfast Burrito, 3.50 Oz., Bulk, CN	220	340	0
Foster Farms	Breakfast burritos and sandwiches	WG Egg, Pork Sausage, Bean & Cheese Breakfast Burrito, IW, CN	220	310	0
Foster Farms	Breakfast burritos and sandwiches	WG Egg, Pork Sausage, Bean & Cheese Burrito, 3.50 Oz., Bulk, CN	220	310	0
Foster Farms	Breakfast burritos and sandwiches	WG Egg, Turkey Sausage & Cheese Breakfast Burrito Individually Wrapped CN	210	300	0.5
Schwan Food Company	Breakfast burritos and sandwiches	BEACON STREET CAFÉ™ BREAKFAST SLIDERS sausage egg cheese iw	160	290	2
Schwan Food Company	Breakfast burritos and sandwiches	BEACON STREET CAFÉ™ BREAKFAST SLIDERS southwest egg cheese iw	160	300	2
Schwan Food Company	Breakfast burritos and sandwiches	BEACON STREET CAFÉ™ SLIDERS sausage egg cheese iw	160	290	2
Schwan Food Company	Breakfast burritos and sandwiches	BEACON STREET CAFÉ™ SLIDERS southwest egg cheese iw	160	300	2
Schwan Food Company	Breakfast burritos and sandwiches	BEACON STREET CAFÉ™ STUFFED BREAKFAST SANDWICHES cheese iw	160	260	1
Tyson	Breakfast burritos and sandwiches	AdvancePierre™ Fully Cooked Fiesta Egg & Cheese on a Whole Grain Bun, 2.36oz (Product Code: 10000097908)	150	260	3
Tyson	Breakfast burritos and sandwiches	Bosco® Individually Wrapped Whole Grain Egg & Cheese with Maple Cheddar Topping Stuffed Breadsticks (Product Code: 10024741120)	160	340	1

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Tyson	Breakfast burritos and sandwiches	Bosco® Whole Grain Egg & Cheese with Maple Cheddar Topping Stuffed Breadsticks (Product Code: 10102001120)	150	380	2
Foster Farms	Hot dogs, corn dogs, and similar sausage sandwiches	Whole Grain Maple (Pork/Turkey) Pancake Wraps®, CN, w/Bags	240	370	5
Tyson	Hot dogs, corn dogs, and similar sausage sandwiches	Jimmy Dean® Individually Wrapped Whole Grain Original Pancake & Breakfast Sausage Sticks, 2.51 oz. (Product Code: 10000019008)	200	380	7
Tyson	Hot dogs, corn dogs, and similar sausage sandwiches	Jimmy Dean® Individually Wrapped Whole Grain Original Pancake & Breakfast Sausage Sticks, 2.51 oz. (Product Code: 10000019010)	200	380	6
Tyson	Hot dogs, corn dogs, and similar sausage sandwiches	Jimmy Dean® Individually Wrapped Whole Grain Original Pancake & Turkey Sausage Breakfast Sticks, 2.5 oz. (Product Code: 10000038215)	140	360	6
Tyson	Hot dogs, corn dogs, and similar sausage sandwiches	Jimmy Dean® Whole Grain Original Breakfast Sausage Bites, 0.90 oz. (Product Code: 10000019011)	210	430	5
Tyson	Hot dogs, corn dogs, and similar sausage sandwiches	Pancake-Flavored Chicken Sausage Bites, 0.58 oz. (10195430928)	220	360	4
Tyson	Hot dogs, corn dogs, and similar sausage sandwiches	Tyson® NAE, Whole Grain Battered Chicken Corn Dogs, 4.0 oz. (Product Code: 10363650928)	300	392	8
Foster Farms	Mexican-style entrees	WG Beef Enchilada, 2.50 oz., CN	140	250	0
Foster Farms	Mexican-style entrees	WG Cheese & Bean Burrito, 4.50 Oz, Bulk, CN	290	400	0
Foster Farms	Mexican-style entrees	WG Cheese Enchilada, 2.35 Oz., CN	170	350	0
Foster Farms	Mexican-style entrees	WG Cheese Quesadilla, CN	190	390	0
Foster Farms	Mexican-style entrees	WG Chicken Enchilada, 2.50 Oz., CN, Smart Snack Compliant	140	210	0
Tyson	Mexican-style entrees	State Fair® Crisпитos® Chicken & Cheese Filled Whole Grain Tortillas, 2.95 oz. (Product Code: 10245740821)	200	370	0
Tyson	Mexican-style entrees	State Fair® Crisпитos® Chicken Chili Filled Whole Grain Tortillas, 3.45 oz. (Product Code: 10245690821)	270	370	0
Campbell's Foodservice	Mixtures and other mixtures with grain, meat/meat alternate, and/or vegetables	Campbell's® Healthy Request Cream of Chicken Soup (Condensed)	70	390	0
Campbell's Foodservice	Mixtures and other mixtures with grain, meat/meat alternate, and/or vegetables	Campbell's® Healthy Request Cream of Mushroom Soup (Condensed)	70	390	1
Campbell's Foodservice	Mixtures and other mixtures with grain, meat/meat alternate, and/or vegetables	Campbell's® Signature Healthy Request® Homestyle Sweet Pepper and Beef Soup(Condensed)	90	410	3
Campbell's Foodservice	Mixtures and other mixtures with grain, meat/meat alternate, and/or vegetables	Campbell's® Signature Low Sodium Chicken Culinary Foundation (Concentrate)	15	140	0
Campbell's Foodservice	Mixtures and other mixtures with grain, meat/meat alternate, and/or vegetables	Campbell's® Signature Low Sodium Vegetarian Vegetable Culinary Foundation (Concentrate)	10	140	0
Schwan Food Company	Mixtures and other mixtures with grain, meat/meat alternate, and/or vegetables	MINH® CN STIR FRY KITS General Tso's Chicken	130	310	6

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Schwan Food Company	Mixtures and other mixtures with grain, meat/meat alternate, and/or vegetables	MINH® CN STIR FRY KITS Orange Chicken	130	200	7
Schwan Food Company	Mixtures and other mixtures with grain, meat/meat alternate, and/or vegetables	MINH® CN STIR FRY KITS Sweet & Sour Chicken	120	190	6
Schwan Food Company	Mixtures and other mixtures with grain, meat/meat alternate, and/or vegetables	MINH® CN STIR FRY KITS Teriyaki Chicken (unbreaded)	120	350	7
J.M. Smucker Co.	Peanut butter sandwich	Smucker's Uncrustables Peanut Butter & Strawberry Jam on Wheat Bread	300	280	12
J.M. Smucker Co.	Peanut butter sandwich	Smucker's Uncrustables Peanut Butter & Grape Jelly on Wheat Bread	300	280	12
Schwan Food Company	Pizza	BIG DADDY'S™ 51% WHOLE GRAIN HAND TOSSED PIZZA cheese	340	420	1
Schwan Food Company	Pizza	BIG DADDY'S™ BOLD 51% WHOLE GRAIN ROLLED EDGE PIZZA Pre-Sliced Cheese (10-cut)	320	350	1
Schwan Food Company	Pizza	BIG DADDY'S™ PRIMO 16" 51% WG SCRATCH READY CHEESE	270	300	2
Schwan Food Company	Pizza	TONY'S® 4" GALAXY PIZZA® PRODUCTS 51% WG Cheese	280	410	2
Schwan Food Company	Pizza	TONY'S® 4" GALAXY PIZZA® PRODUCTS 51% WG Cheese - IW	280	410	2
Schwan Food Company	Pizza	TONY'S® BREAKFAST PIZZA SQUARES 51% WG Bacon Scramble	210	340	2
Schwan Food Company	Pizza	TONY'S® BREAKFAST PIZZA SQUARES 51% WG Sausage & Country Gravy Breakfast Pizza	210	330	2
Schwan Food Company	Pizza	TONY'S® BREAKFAST PIZZA SQUARES 51% WG Turkey Sausage Cheese/Cheese Sub (Red Sauce)	210	350	2
Schwan Food Company	Pizza	TONY'S® BREAKFAST PIZZA SQUARES 51% WG Turkey Sausage Cheese/Cheese Sub (Red Sauce) IW	240	340	2
Tyson	Pizza pockets, pizza sticks, and calzones	Bosco® Individually Wrapped Whole Grain Cheese Stuffed Breadsticks (Product Code: 17026721120)	190	220	2
Tyson	Pizza pockets, pizza sticks, and calzones	Bosco® Whole Grain 100% LMPS Cheese Stuffed Breadsticks (Product Code: 17022101120)	160	260	1
Tyson	Pizza pockets, pizza sticks, and calzones	Bosco® Whole Grain Pepperoni & Cheese Stuffed Breadsticks (Product Code: 17031121120)	120	230	1
Tyson	Pizza pockets, pizza sticks, and calzones	Bosco® Whole Grain Pretzel Sticks Stuffed with Cheddar Cheese (Product Code: 17056721120)	200	230	3
Tyson	Pizza pockets, pizza sticks, and calzones	Bosco® Whole Grain Reduced Fat Cheese Stuffed Breadsticks (Product Code: 17020111120)	140	210	1
Tyson	Pizza pockets, pizza sticks, and calzones	Bosco® Whole Grain Reduced Fat Cheese Stuffed Breadsticks (Product Code: 17021101120)	210	270	1
Tyson	Pizza pockets, pizza sticks, and calzones	Bosco® Whole Grain Reduced Fat Cheese Stuffed Breadsticks (Product Code: 17031141120)	110	140	1
PepsiCo Foodservice	Grain-based desserts, cookies and brownies	GRANDMA'S® MINI BITES BLUEBERRY VANILLA NATURALLY FLAVORED MINI BITES	130	70	4
PepsiCo Foodservice	Grain-based desserts, cookies and brownies	GRANDMA'S® WHOLE GRAIN RICH MINI CHOCOLATE CHIP COOKIES - 1.22OZ.	160	160	9
J.R. Simplot Co.	Fresh or frozen fruit	blueberries	40	0	0
J.R. Simplot Co.	Fresh or frozen fruit	dark sweet cherries	60	5	0
J.R. Simplot Co.	Fresh or frozen fruit	gold delicious sliced apples	35	5	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
J.R. Simplot Co.	Fresh or frozen fruit	Golden Delicious Sliced Apples with Sugar	70	50	10
J.R. Simplot Co.	Fresh or frozen fruit	mango cubes	80	0	0
J.R. Simplot Co.	Fresh or frozen fruit	marionberries	60	0	0
J.R. Simplot Co.	Fresh or frozen fruit	pacific berry blend	45	0	0
J.R. Simplot Co.	Fresh or frozen fruit	Raspberries	40	0	0
J.R. Simplot Co.	Fresh or frozen fruit	Ready to Eat Flame-Roasted Fuji Cooked	60	170	1
J.R. Simplot Co.	Fresh or frozen fruit	Ready to Eat Flame-Roasted Fuji Thaw and Serve	45	115	1
J.R. Simplot Co.	Fresh or frozen fruit	sliced peaches	70	0	0
J.R. Simplot Co.	Fresh or frozen fruit	triple berry blend	40	0	0
J.R. Simplot Co.	Fresh or frozen fruit	whole strawberries	30	0	0
J.R. Simplot Co.	Fresh or frozen fruit	whole strawberries	30	0	0
Campbell's Foodservice	Juice	V8® Blends Lower Sugar (75% Juice) Healthy Greens	60	180	0
Campbell's Foodservice	Juice	V8® Blends Lower Sugar (75% Juice) Orange Mango	60	110	0
Campbell's Foodservice	Juice	V8® Blends 100% Juice Peach Mango	100	70	0
Campbell's Foodservice	Juice	V8® Blends 100% Juice Peach Mango	100	70	0
Campbell's Foodservice	Juice	V8® Blends 100% Juice Pomegranate Blueberry	100	70	0
Campbell's Foodservice	Juice	V8® Blends 100% Juice Pomegranate Blueberry	100	70	0
Campbell's Foodservice	Juice	V8® Blends 100% Juice Pomegranate Blueberry	150	110	0
Campbell's Foodservice	Juice	V8® Blends 100% Juice Strawberry Banana	100	80	0
Campbell's Foodservice	Juice	V8® Blends 100% Juice Strawberry Banana	100	80	0
Campbell's Foodservice	Juice	V8® Blends 100% Juice Strawberry Banana	150	120	0
Campbell's Foodservice	Juice	V8® Blends Lower Sugar (75% Juice) Healthy Greens	100	280	0
Kraft Heinz Co.	Juice	Capri Sun 100% Fruit Punch	60	15	0
Kraft Heinz Co.	Juice	Capri Sun 100% Juice Apple	60	15	0
Kraft Heinz Co.	Juice	Capri Sun 100% Juice Berry	90	25	0
Ocean Spray	Juice	100% Ocean Spray Pineapple Cherry Orange	50	10	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Ocean Spray	Juice	100% Ocean Spray Raspberry Watermelon	50	10	0
Ocean Spray	Juice	100% Ocean Spray Strawberry Lemonade	50	10	0
PepsiCo Foodservice	Juice	IZZE® SPARKLING JUICE APPLE - 8.4OZ.	90	15	0
PepsiCo Foodservice	Juice	IZZE® SPARKLING JUICE BLACKBERRY - 8.4OZ.	90	20	0
PepsiCo Foodservice	Juice	IZZE® SPARKLING JUICE CHERRY LIME	90	10	0
PepsiCo Foodservice	Juice	IZZE® SPARKLING JUICE CLEMENTINE - 8.4OZ.	90	15	0
PepsiCo Foodservice	Juice	IZZE® SPARKLING JUICE GRAPEFRUIT - 8.4OZ.	90	15	0
PepsiCo Foodservice	Juice	IZZE® SPARKLING JUICE PEACH - 8.4OZ.	90	15	0
PepsiCo Foodservice	Juice	IZZE® SPARKLING JUICE POMEGRANATE - 8.4OZ.	90	10	0
PepsiCo Foodservice	Juice	NAKED JUICE® BERRY BLAST - 10OZ.	160	10	0
PepsiCo Foodservice	Juice	NAKED JUICE® BLUE MACHINE - 10OZ.	210	15	0
PepsiCo Foodservice	Juice	NAKED JUICE® GREEN MACHINE - 10OZ.	170	20	0
PepsiCo Foodservice	Juice	NAKED JUICE® MIGHTY MANGO - 10OZ.	180	10	0
PepsiCo Foodservice	Juice	NAKED JUICE® STRAWBERRY BANANA - 10OZ.	160	5	0
PepsiCo Foodservice	Juice	TROPICANA® APPLE JUICE - 10OZ.	140	25	0
PepsiCo Foodservice	Juice	TROPICANA® APPLE JUICE - 4.23OZ.	60	10	0
PepsiCo Foodservice	Juice	TROPICANA® FRUIT MEDLEY - 10OZ.	140	25	0.5
PepsiCo Foodservice	Juice	TROPICANA® ORANGE JUICE - 10OZ.	140	0	0
PepsiCo Foodservice	Juice	TROPICANA® ORANGE JUICE - 4.23OZ.	60	5	0
PepsiCo Foodservice	Juice	TROPICANA® PURE PREMIUM ORANGE JUICE - 10OZ.	140	0	0
PepsiCo Foodservice	Juice	TROPICANA® PURE PREMIUM ORANGE JUICE - 12OZ.	170	0	0
PepsiCo Foodservice	Juice	TROPICANA® PURE PREMIUM ORANGE JUICE - 6OZ.	80	0	0
PepsiCo Foodservice	Juice	TROPICANA® RUBY RED GRAPEFRUIT JUICE - 10OZ.	160	20	0
PepsiCo Foodservice	Juice	TROPICANA® STRAWBERRY KIWI - 4.23OZ.	60	10	0
PepsiCo Foodservice	Juice	TROPICANA® STRAWBERRY KIWI JUICE BLEND - 10OZ.	150	25	0
PepsiCo Foodservice	Juice	TROPICANA® STRAWBERRY ORANGE - 10OZ.	160	25	0



Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
General Mills Convenience & Foodservice	Biscuits, cornbread, muffins, and sweet/quick breads	Pillsbury™ Whole Grain-Rich Baked Biscuit Easy Split™ 2.0 oz	210	400	1
General Mills Convenience & Foodservice	Biscuits, cornbread, muffins, and sweet/quick breads	Pillsbury™ Whole Grain-Rich Baked Biscuit Mini 1.0 oz	90	160	0
General Mills Convenience & Foodservice	Biscuits, cornbread, muffins, and sweet/quick breads	Pillsbury™ Whole Grain-Rich Biscuit Dough 2.51 oz	210	330	2
General Mills Convenience & Foodservice	Biscuits, cornbread, muffins, and sweet/quick breads	Pillsbury™ Whole Grain-Rich Biscuit Dough Easy Split™ 2.51 oz	210	330	2
Rich Products	Biscuits, cornbread, muffins, and sweet/quick breads	WGR Biscuit Dough	170	380	1
Rich Products	Biscuits, cornbread, muffins, and sweet/quick breads	WGR Biscuit Stick Dough	110	370	0
Rich Products	Biscuits, cornbread, muffins, and sweet/quick breads	WGR Cornbread Poppers	150	200	4
Rich Products	Biscuits, cornbread, muffins, and sweet/quick breads	WGR Petite Biscuit Dough	110	250	0
Flowers Foods Inc. (Flowers Foodservice)	Bread or bread alternate with added fat	B4S 1" Garlic Toast made with Whole Grains	90	100	0
Flowers Foods Inc. (Flowers Foodservice)	Bread or bread alternate with added fat	B4S Garlic Breadstick made with Whole Grains, 1 oz.	100	95	1
General Mills Convenience & Foodservice	Bread or bread alternate with added fat	Pillsbury™ Mini Bagels Cinnamon Creamy Cheese	230	190	12
General Mills Convenience & Foodservice	Bread or bread alternate with added fat	Pillsbury™ Mini Bagels Strawberry Creamy Cheese	230	190	12
Rich Products	Bread or bread alternate with added fat	10" Gluten Free Broccoli and Cheddar Pizza Crust	160	270	1
Rich Products	Bread or bread alternate with added fat	10" Gluten Free Cauliflower Pizza Crust	170	300	1
Flowers Foods Inc. (Flowers Foodservice)	Breads, rolls, bagels, and other plain breads	B4S 100% Whole Wheat Pullman Bread, 25 oz.	70	120	1
Flowers Foods Inc. (Flowers Foodservice)	Breads, rolls, bagels, and other plain breads	B4S 2.2 oz. English Muffin made with Whole Grains	120	200	1
Flowers Foods Inc. (Flowers Foodservice)	Breads, rolls, bagels, and other plain breads	B4S 2.5" Hamburger Bun made with Whole Grain, Sliced	80	125	2
Flowers Foods Inc. (Flowers Foodservice)	Breads, rolls, bagels, and other plain breads	B4S 3.5" Hamburger Bun made with Whole Grains, Sliced	150	240	4
Flowers Foods Inc. (Flowers Foodservice)	Breads, rolls, bagels, and other plain breads	B4S 4" Hamburger Bun made with Whole Grains, Sliced	150	240	4
Flowers Foods Inc. (Flowers Foodservice)	Breads, rolls, bagels, and other plain breads	B4S 5" Hoagie made with Whole Grain, Sliced	140	200	4
Flowers Foods Inc. (Flowers Foodservice)	Breads, rolls, bagels, and other plain breads	B4S 5" Hoagie made with Whole Grains, Hinge Sliced	140	200	4
Flowers Foods Inc. (Flowers Foodservice)	Breads, rolls, bagels, and other plain breads	B4S 6" Hoagie made with Whole Grains, Sliced	190	270	5
Flowers Foods Inc. (Flowers Foodservice)	Breads, rolls, bagels, and other plain breads	B4S 6" Individual Hot Dog Bun made with Whole Grains, Sliced	150	240	4
Flowers Foods Inc. (Flowers Foodservice)	Breads, rolls, bagels, and other plain breads	B4S 7/8" Whole Grain Texas Toast 30 oz. 10/1 pk	170	270	4
Flowers Foods Inc. (Flowers Foodservice)	Breads, rolls, bagels, and other plain breads	B4S Dinner Roll made with Whole Grains	80	125	2
Flowers Foods Inc. (Flowers Foodservice)	Breads, rolls, bagels, and other plain breads	B4S Plain Breadstick made with Whole Grains, 1 oz.	80	65	1

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Flowers Foods Inc. (Flowers Foodservice)	Breads, rolls, bagels, and other plain breads	B4S White Pullman made with Whole Grains, 24 oz.	80	120	2
General Mills Convenience & Foodservice	Breads, rolls, bagels, and other plain breads	Pillsbury™ French Bread	160	240	0
General Mills Convenience & Foodservice	Breads, rolls, bagels, and other plain breads	Pillsbury™ Press-less Panini Bread	180	180	1
Rich Products	Breads, rolls, bagels, and other plain breads	12" x 16" Whole Grain Par-Baked Pizza Crust	160	270	1
Rich Products	Breads, rolls, bagels, and other plain breads	12" WGR Sub Roll	240	370	4
Rich Products	Breads, rolls, bagels, and other plain breads	12" x 16" Whole Grain Rich Sheeted Dough	140	135	3
Rich Products	Breads, rolls, bagels, and other plain breads	14" White Wheat Par-Baked Pizza Crust	150	270	1
Rich Products	Breads, rolls, bagels, and other plain breads	14" Whole Grain Rich Sheeted Dough	140	135	3
Rich Products	Breads, rolls, bagels, and other plain breads	16" White Wheat Par-Baked Pizza Crust	140	260	1
Rich Products	Breads, rolls, bagels, and other plain breads	16" Whole Grain Par-Baked Pizza Crust	160	270	1
Rich Products	Breads, rolls, bagels, and other plain breads	16" Whole Grain Rich Sheeted Dough	160	150	3
Rich Products	Breads, rolls, bagels, and other plain breads	4" Whole Grain Rich Maple Waffle Flatbread	110	105	4
Rich Products	Breads, rolls, bagels, and other plain breads	4" Whole Grain Rich Mini Round Flatbread	150	290	1
Rich Products	Breads, rolls, bagels, and other plain breads	5" Whole Grain Rich Sheeted Dough	160	140	3
Rich Products	Breads, rolls, bagels, and other plain breads	6" 6" Whole Grain Rich Oven-Fired Flat	180	330	1
Rich Products	Breads, rolls, bagels, and other plain breads	6" Mini WGR Sub Roll Dough	160	180	4
Rich Products	Breads, rolls, bagels, and other plain breads	6" Whole Grain Rich Round Flatbread	160	150	1
Rich Products	Breads, rolls, bagels, and other plain breads	Flatbread Stackables	150	140	1
Rich Products	Breads, rolls, bagels, and other plain breads	Gluten-Free White Sandwich Bread	130	310	0
Rich Products	Breads, rolls, bagels, and other plain breads	Rustic Whole Wheat Flatbread	190	290	2
Rich Products	Breads, rolls, bagels, and other plain breads	WGR 16" Fresh N Ready Oven Risin Sheeted Pizza Dough	170	320	2
Rich Products	Breads, rolls, bagels, and other plain breads	WGR Breadstick Par-Baked (thaw and bake)	70	130	1
Rich Products	Breads, rolls, bagels, and other plain breads	WGR Dinner Roll Dough	80	70	2
Rich Products	Breads, rolls, bagels, and other plain breads	WGR Hawaiian Roll Dough	110	180	4
Rich Products	Breads, rolls, bagels, and other plain breads	WGR Rip Stick Breadstick Dough (proof and bake)	80	95	2
Rich Products	Breads, rolls, bagels, and other plain breads	WGR Roll Dough	160	135	4

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Tyson	Breads, rolls, bagels, and other plain breads	10" Flour Tortillas, 2.5 oz. (Product Code: 10144990621)	200	280	1
Tyson	Breads, rolls, bagels, and other plain breads	Mexican Original® 5.5" 100% Whole Grain Corn Tostada Shells, 200 Count (Product Code: 10231940621)	80	0	0
Tyson	Breads, rolls, bagels, and other plain breads	Mexican Original® 6" Whole Grain Corn Taco Shells, 200 Count (Product Code: 10248500621)	150	0	0
Tyson	Breads, rolls, bagels, and other plain breads	Receta De Oro® 6.25" Shelf Stable Whole Grain Reduced Sodium Flour Tortillas (Product Code: 10222590621)	90	110	0.5
Tyson	Breads, rolls, bagels, and other plain breads	Receta De Oro® 9" Shelf Stable Whole Grain Reduced Sodium Flour Tortillas (Product Code: 10239990621)	170	210	1
Tyson	Breads, rolls, bagels, and other plain breads	Receta De Oro® 9" Shelf Stable Whole Grain Reduced Sodium Sun Dried Tomato Basil Flour Tortillas (Product Code: 10240010621)	160	200	1
General Mills Convenience & Foodservice	Cold cereal	25% Less Sugar Cinnamon Toast Crunch™	120	160	6
General Mills Convenience & Foodservice	Cold cereal	25% Less Sugar Cinnamon Toast Crunch™ K12 2oz Eq Grain	240	320	11
General Mills Convenience & Foodservice	Cold cereal	25% Less Sugar Cocoa Puffs™	120	120	8
General Mills Convenience & Foodservice	Cold cereal	25% Less Sugar Trix™	110	140	7
General Mills Convenience & Foodservice	Cold cereal	Apple Cinnamon Cheerios™	110	110	9
General Mills Convenience & Foodservice	Cold cereal	Cheerios™	140	190	2
General Mills Convenience & Foodservice	Cold cereal	Cheerios™ Single Serve Bowlpak 1 oz	100	140	1
General Mills Convenience & Foodservice	Cold cereal	Chocolate Chex™	180	270	11
General Mills Convenience & Foodservice	Cold cereal	Cinnamon Chex™	120	170	6
General Mills Convenience & Foodservice	Cold cereal	Cinnamon Chex™ K12 2oz Eq Grain	240	340	12
General Mills Convenience & Foodservice	Cold cereal	Cinnamon Toast Crunch™ Cereal Bulkpak 45 oz	180	230	12
General Mills Convenience & Foodservice	Cold cereal	Cinnamon Toast Crunch™ Cereal Single Serve Bowlpak 1 oz	120	160	6
General Mills Convenience & Foodservice	Cold cereal	Cinnamon Toast Crunch™ K12 2oz Eq Grain	412	320	11
General Mills Convenience & Foodservice	Cold cereal	Cocoa Puffs™ Cereal Bar	160	105	9
General Mills Convenience & Foodservice	Cold cereal	Corn Chex™	100	200	3
General Mills Convenience & Foodservice	Cold cereal	Corn Chex™	150	280	4
General Mills Convenience & Foodservice	Cold cereal	Fruity Cheerios™ Cereal Bars	150	105	9
General Mills Convenience & Foodservice	Cold cereal	Fruity Cheerios™	120	140	9
General Mills Convenience & Foodservice	Cold cereal	Golden Grahams™	160	300	12
General Mills Convenience & Foodservice	Cold cereal	Golden Grahams™ Cereal Bars (96 ct) 1.42 oz	160	115	9

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
General Mills Convenience & Foodservice	Cold cereal	Honey Nut Cheerios™	110	160	9
General Mills Convenience & Foodservice	Cold cereal	Honey Nut Cheerios™	140	210	12
General Mills Convenience & Foodservice	Cold cereal	Honey Nut Chex™	120	200	9
General Mills Convenience & Foodservice	Cold cereal	Kix™ Cereal Bulkpak 25 oz	160	220	4
General Mills Convenience & Foodservice	Cold cereal	Kix™ Cereal Single Serve Bowlpak .625 oz	70	100	2
General Mills Convenience & Foodservice	Cold cereal	Multi Grain Cheerios™	110	110	6
General Mills Convenience & Foodservice	Cold cereal	Reese's Puffs®	120	150	9
General Mills Convenience & Foodservice	Cold cereal	Rice Chex™	100	250	2
General Mills Convenience & Foodservice	Cold cereal	Rice Chex™	160	330	3
General Mills Convenience & Foodservice	Cold cereal	Total™ Raisin Bran	120	140	7
Kellogg	Cold cereal	Kellogg's Chewy Granola Bar Apple Cinnamon	140	110	9
Kellogg	Cold cereal	Kellogg's Cinnamon Flakes Mult-Grain Cereal for Schools	100	180	6
Kellogg	Cold cereal	Kellogg's Cocoa Krispies Chewy Granola Bar Chocolate	150	150	10
Kellogg	Cold cereal	Kellogg's Frosted Flakes Multigrain For Schools	100	170	7
Kellogg	Cold cereal	Kellogg's Frosted Mini-Wheats Bite Size cereal	100	0	6
Kellogg	Cold cereal	Kellogg's Raisin Bran cereal	110	120	5
Post Holdings Inc.	Cold cereal	Alpha-Bits- small	110	120	9
Post Holdings Inc.	Cold cereal	Cinnamon Granola- bulk	90	40	5
Post Holdings Inc.	Cold cereal	Cinnamon Toasters®- small	120	135	9
Post Holdings Inc.	Cold cereal	Frosted Mini Spooners- bulk	210	5	12
Post Holdings Inc.	Cold cereal	Frosted Shredded Wheat Blueberry- large	200	5	11
Post Holdings Inc.	Cold cereal	Frosted Shredded Wheat Blueberry- small	100	0	5
Post Holdings Inc.	Cold cereal	Frosted Shredded Wheat- large	190	5	11
Post Holdings Inc.	Cold cereal	Frosted Shredded Wheat- small	100	0	6
Post Holdings Inc.	Cold cereal	Honey Bunches of Oats Vanilla- large	220	150	11
Post Holdings Inc.	Cold cereal	Honey Bunches of Oats Vanilla- small	110	75	5

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Post Holdings Inc.	Cold cereal	Honey Bunches of Oats Whole Grain Honey Crunch- large	220	150	11
Post Holdings Inc.	Cold cereal	Honey Bunches of Oats Whole Grain Honey Crunch- small	110	75	5
Post Holdings Inc.	Cold cereal	Honey Graham Toasters- small	110	240	9
Post Holdings Inc.	Cold cereal	Honey Scooters- bulk	160	280	12
Post Holdings Inc.	Cold cereal	Honey Scooters- small	110	170	6
Post Holdings Inc.	Cold cereal	Raisin Bran- bulk	190	240	9
Post Holdings Inc.	Cold cereal	Raisin Bran- bulk	190	240	9
Post Holdings Inc.	Cold cereal	Raisin Bran- small	110	140	5
Post Holdings Inc.	Cold cereal	Scooters- bulk	150	200	0
Post Holdings Inc.	Cold cereal	Scooters- small	110	140	0
General Mills Convenience & Foodservice	Corn/tortilla chips	Pancho Villa™ 5" Crunchy Corn Taco Shells	150	0	0
PepsiCo Foodservice	Corn/tortilla chips	TOSTITOS® BAKED SCOOPS!® TORTILLA CHIPS - .875OZ.	110	125	0
PepsiCo Foodservice	Corn/tortilla chips	TOSTITOS® BAKED SCOOPS!® TORTILLA CHIPS – 16OZ. BULK	120	140	0
PepsiCo Foodservice	Corn/tortilla chips	TOSTITOS® BITE SIZE ROUNDS TORTILLA CHIPS - 2 OZ.	290	230	0
PepsiCo Foodservice	Corn/tortilla chips	TOSTITOS® CRISPY ROUNDS TORTILLA CHIPS - 3 OZ.	440	340	0
PepsiCo Foodservice	Corn/tortilla chips	TOSTITOS® REDUCED FAT CRISPY ROUND TORTILLA CHIPS .875OZ.	120	100	0
PepsiCo Foodservice	Corn/tortilla chips	TOSTITOS® REDUCED FAT CRISPY ROUND TORTILLA CHIPS 1.45OZ.	200	160	0
PepsiCo Foodservice	Corn/tortilla chips	TOSTITOS® RESTAURANT STYLE TORTILLA CHIPS - 16 OZ	140	115	0
PepsiCo Foodservice	Corn/tortilla chips	TOSTITOS® THICK CUT YELLOW ROUNDS TORTILLA CHIPS	140	110	0
PepsiCo Foodservice	Corn/tortilla chips	TOSTITOS® WHOLE GRAIN RICH CRISPY ROUNDS TORTILLA CHIPS - 16OZ.	140	115	0
Tyson	Corn/tortilla chips	Mexican Original® Tri-Cut Salted White Corn Tortilla Chips (Product Code: 10103010621)	160	50	0
Tyson	Corn/tortilla chips	Chips (Product Code: 10077210621)	110	40	0
Tyson	Corn/tortilla chips	Mexican Original® Yellow Corn Tri-Cut Salted Tortilla Chips (Product Code: 10077230621)	150	60	0
Campbell's Foodservice	Crackers, croutons, pretzels	Giant Goldfish® Baked with Whole Grain Grahams – Cinnamon	120	140	7
Campbell's Foodservice	Crackers, croutons, pretzels	Giant Goldfish® Baked with Whole Grain Grahams– Vanilla	120	105	7
Campbell's Foodservice	Crackers, croutons, pretzels	Goldfish® Baked with Whole Grain Crackers - 100 Calorie Cheddar	100	170	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Campbell's Foodservice	Crackers, croutons, pretzels	Goldfish® Baked with Whole Grain Crackers - XTRA Cheddar	90	200	0
Campbell's Foodservice	Crackers, croutons, pretzels	Goldfish® Baked with Whole Grain Crackers - Cheddar	100	170	0
Campbell's Foodservice	Crackers, croutons, pretzels	Goldfish® Baked with Whole Grain Crackers - Cheddar	130	220	0
Campbell's Foodservice	Crackers, croutons, pretzels	Goldfish® Baked with Whole Grain Crackers - Cheddar	140	240	0
Campbell's Foodservice	Crackers, croutons, pretzels	Goldfish® Baked with Whole Grain Crackers - Cheddar Colors	100	170	0
Campbell's Foodservice	Crackers, croutons, pretzels	Goldfish® Baked with Whole Grain Crackers - Pretzel	90	200	0
Campbell's Foodservice	Crackers, croutons, pretzels	Goldfish® Baked with Whole Grain Crackers Disney's Mickey Mouse Cheddar	100	160	0
Campbell's Foodservice	Crackers, croutons, pretzels	Goldfish® Baked with Whole Grain Grahams – French Toast	130	140	8
Campbell's Foodservice	Crackers, croutons, pretzels	Goldfish® Baked with Whole Grain Grahams – Honey Bun	130	130	8
General Mills Convenience & Foodservice	Crackers, croutons, pretzels	Annie's™ Cheddar Bunnies™ Baked Snack Crackers	90	130	0
General Mills Convenience & Foodservice	Crackers, croutons, pretzels	Annie's™ Bunny Grahams™ Honey	160	140	7
General Mills Convenience & Foodservice	Crackers, croutons, pretzels	Chex Mix™ Hot 'n Spicy	110	150	2
Kellogg	Crackers, croutons, pretzels	Cheez-It Crackers Made With Whole Grain	100	150	0
Kellogg	Crackers, croutons, pretzels	Cheez-It Crackers Made with Whole Grain	130	200	0
Kellogg	Crackers, croutons, pretzels	Cheez-It Crackers Made With Whole Grain	140	220	0
Kellogg	Crackers, croutons, pretzels	Keebler Bug Bites Graham Crackers	120	115	8
Kellogg	Crackers, croutons, pretzels	Keebler Elf Graham Chocolate	120	125	7
Kellogg	Crackers, croutons, pretzels	Keebler Elf Graham Cinnamon	120	105	8
Kellogg	Crackers, croutons, pretzels	Keebler Elf Graham Original	120	105	8
Kellogg	Crackers, croutons, pretzels	Keebler Grahams Cinnamon	120	105	8
Kellogg	Crackers, croutons, pretzels	Keebler Grahams Original	90	100	4
Kellogg	Crackers, croutons, pretzels	Keebler Gripz Grahams Chocolate Chip	120	80	6
Kellogg	Crackers, croutons, pretzels	Keebler Gripz Grahams Cinnamon	110	80	5
Kellogg	Crackers, croutons, pretzels	Keebler Scooby-Doo Graham Cracker Sticks Cinnamon	120	115	8
Kellogg	Crackers, croutons, pretzels	Keebler Zesta Mini Saltine Crackers Whole Grain	50	60	0
Mondelez International	Crackers, croutons, pretzels	Honey Maid Grahams	60	70	3

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Mondelez International	Crackers, croutons, pretzels	Honey Maid Grahams	90	105	5
Mondelez International	Crackers, croutons, pretzels	Honey Maid Lil' Squares Honey	130	150	8
Mondelez International	Crackers, croutons, pretzels	Nabisco Grahams	60	80	3
Mondelez International	Crackers, croutons, pretzels	Nabisco Grahams	90	115	5
Mondelez International	Crackers, croutons, pretzels	Premium Saltine Crackers with Whole Grain	60	180	0
Mondelez International	Crackers, croutons, pretzels	Teddy Grahams Cinnamon	90	70	5
Mondelez International	Crackers, croutons, pretzels	Teddy Grahams Cinnamon	120	90	6
PepsiCo Foodservice	Crackers, croutons, pretzels	ROLD GOLD® HEARTZELS® PRETZELS - .7OZ.	80	200	0
General Mills Convenience & Foodservice	Granola and breakfast bars	Betty Crocker™ Oatmeal Bar Butterscotch	150	105	8
General Mills Convenience & Foodservice	Granola and breakfast bars	Betty Crocker™ Oatmeal Bar Chocolate Chip	150	105	8
General Mills Convenience & Foodservice	Granola and breakfast bars	Betty Crocker™ Oatmeal Bar Double Chocolate	150	110	8
General Mills Convenience & Foodservice	Granola and breakfast bars	Cinnamon Toast Crunch™ Cereal Bars (96 ct)	160	120	8
General Mills Convenience & Foodservice	Granola and breakfast bars	Nature Valley™ Backpacker™ Chewy Oatmeal Snacks Chocolate Chip (6 ct) 1.24 oz	160	120	9
General Mills Convenience & Foodservice	Granola and breakfast bars	Nature Valley™ Backpacker™ Chewy Oatmeal Snacks S'mores (6 ct) 1.24 oz	160	120	9
General Mills Convenience & Foodservice	Granola and breakfast bars	Nature Valley™ Chewy Granola Bars Chocolate Chunk	100	60	6
General Mills Convenience & Foodservice	Granola and breakfast bars	Nature Valley™ Chewy Granola Bars Variety Pack Chocolate Chunk and Oatmeal Raisin	90	55	4
General Mills Convenience & Foodservice	Granola and breakfast bars	Nature Valley™ Chewy Trail Mix Bar - Fruit & Nut	150	70	6
General Mills Convenience & Foodservice	Granola and breakfast bars	Nature Valley™ Crisps Chocolate Chip	150	140	9
General Mills Convenience & Foodservice	Granola and breakfast bars	Nature Valley™ Crisps Cinnamon	150	140	9
General Mills Convenience & Foodservice	Granola and breakfast bars	Nature Valley™ Crunchy Granola Bars Oats 'n Honey (Double Bar)	190	140	11
General Mills Convenience & Foodservice	Granola and breakfast bars	Nature Valley™ Crunchy Granola Bars Oats 'N Honey (Single Bar)	90	70	6
General Mills Convenience & Foodservice	Granola and breakfast bars	Nature Valley™ Crunchy Granola Bars Peanut Butter (Double Bar)	200	160	11
Kellogg	Granola and breakfast bars	Cocoa Krispies Chewy Granola Bar Chocolate	150	150	10
Kellogg	Granola and breakfast bars	Kashi Chewy Granola Bars Honey Almond Flax	130	95	6
Kellogg	Granola and breakfast bars	Kashi Chewy Granola Bars Trail Mix	130	105	6
Kellogg	Granola and breakfast bars	Kellogg's Nutri-Grain Soft Baked Breakfast Bars Apple Cinnamon	130	125	12



Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Kellogg	Granola and breakfast bars	Kellogg's Nutri-Grain Soft Baked Breakfast Bars Blueberry	130	125	12
Kellogg	Granola and breakfast bars	Kellogg's Nutri-Grain Soft Baked Breakfast Bars Raspberry	130	125	12
Kellogg	Granola and breakfast bars	Kellogg's Rice Krispies Chewy Granola Bar Berry	130	110	9
Kellogg	Granola and breakfast bars	Nutri-Grain Soft Baked Breakfast Bars Blueberry	130	125	12
Kellogg	Granola and breakfast bars	Nutri-Grain Soft Baked Breakfast Bars Strawberry	130	140	12
Mondelez International	Granola and breakfast bars	BelVita Breakfast Biscuits Blueberry	230	210	11
Mondelez International	Granola and breakfast bars	BelVita Breakfast Biscuits Golden Oat	230	220	10
Mondelez International	Granola and breakfast bars	BelVita Protein Blueberry Almond	200	220	9
Mondelez International	Granola and breakfast bars	BelVita Protein Oats, Honey, and Chocolate	200	210	10
Mondelez International	Granola and breakfast bars	BelVita Sandwich Peanut Butter	230	180	9
Mondelez International	Granola and breakfast bars	BelVita Snack Packs Blueberry	130	80	6
Mondelez International	Granola and breakfast bars	BelVita Snack Packs Chocolate	120	70	6
Mondelez International	Granola and breakfast bars	BelVita Snack Packs Cinnamon Brown Sugar	130	60	6
PepsiCo Foodservice	Granola and breakfast bars	QUAKER® BREAKFAST COOKIES OATMEAL RAISIN - 1.69OZ.	170	180	10
PepsiCo Foodservice	Granola and breakfast bars	QUAKER® BREAKFAST FLATS CRANBERRY ALMOND - 4 BARS	180	135	8
PepsiCo Foodservice	Granola and breakfast bars	QUAKER® CHEWY GRANOLA BAR 25% LESS SUGAR CHOCOLATE CHIP - .84OZ.	100	75	5
PepsiCo Foodservice	Granola and breakfast bars	QUAKER® CHEWY GRANOLA BAR 25% LESS SUGAR COOKIES N CREAM - .84OZ.	90	85	5
PepsiCo Foodservice	Granola and breakfast bars	QUAKER® CHEWY GRANOLA BAR 25% LESS SUGAR SUGAR PEANUT BUTTER CHOCOLATE CHIP - .84OZ.	90	95	5
PepsiCo Foodservice	Granola and breakfast bars	QUAKER® CHEWY GRANOLA BAR CHOCOLATE CHIP - .84 OZ.	100	70	7
PepsiCo Foodservice	Granola and breakfast bars	QUAKER® CHEWY GRANOLA BAR CHOCOLATE CHUNK - 1.41OZ.	160	135	12
PepsiCo Foodservice	Granola and breakfast bars	QUAKER® CHEWY GRANOLA BAR COOKIES N CREAM - 1.37OZ.	150	135	8
PepsiCo Foodservice	Granola and breakfast bars	QUAKER® CHEWY GRANOLA BAR DARK CHOCOLATE CHUNK - .84OZ.	90	80	7
PepsiCo Foodservice	Granola and breakfast bars	QUAKER® CHEWY GRANOLA BAR MAPLE BROWN SUGAR - 1.26OZ.	140	125	10
PepsiCo Foodservice	Granola and breakfast bars	QUAKER® CHEWY GRANOLA BAR PEANUT BUTTER & CHOCOLATE CHIP - .84OZ.	100	95	7
PepsiCo Foodservice	Granola and breakfast bars	QUAKER® CHEWY GRANOLA BAR S'MORES - .84OZ.	90	75	8
PepsiCo Foodservice	Granola and breakfast bars	QUAKER® CHEWY GRANOLA OATMEAL RAISIN - .84OZ.	90	80	6



Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
General Mills Convenience &	Hot cereal	Enriched Quick Grits 12/24 oz	170	0	0
PepsiCo Foodservice	Hot cereal	Buckeye Old Fashioned Oats- 50 lbs	150	0	0
PepsiCo Foodservice	Hot cereal	Buckeye Quick Rolled Oats- 50 lbs	150	0	0
PepsiCo Foodservice	Hot cereal	QUAKER® INSTANT OATMEAL APPLES & CINNAMON - 1.51OZ. PER PACKET	160	140	8
PepsiCo Foodservice	Hot cereal	QUAKER® INSTANT OATMEAL CINNAMON SPICE - 1.51OZ. PER PACKET	160	200	10
PepsiCo Foodservice	Hot cereal	QUAKER® INSTANT OATMEAL CUPS APPLES & CINNAMON - 1.51OZ.	160	200	8
PepsiCo Foodservice	Hot cereal	QUAKER® INSTANT OATMEAL CUPS HONEY & ALMONDS - 1.76OZ.	190	180	10
PepsiCo Foodservice	Hot cereal	QUAKER® INSTANT OATMEAL MAPLE BROWN SUGAR - 1.5OZ. PER PACKET	160	260	12
PepsiCo Foodservice	Hot cereal	QUAKER® INSTANT OATMEAL REGULAR FLAVOR - 1OZ. PER PACKET	100	75	0
PepsiCo Foodservice	Hot cereal	QUAKER® OLD FASHIONED OATS - 42OZ.	150	0	0
PepsiCo Foodservice	Hot cereal	QUAKER® QUICK OATS - 42OZ.	150	0	0
PepsiCo Foodservice	Hot cereal	QUAKER® STEEL CUT QUICK OATS - 25OZ.	170	0	0
Post Holdings Inc.	Hot cereal	Apples & Cinnamon Oatmeal	120	200	11
Post Holdings Inc.	Hot cereal	Old Fashioned Oatmeal	140	0	0
Post Holdings Inc.	Hot cereal	Quick Oatmeal Tube	140	0	0
Post Holdings Inc.	Hot cereal	Regular Instant Oatmeal	100	105	0
Cargill	Pancakes, waffles, French toast, and pastries	Whole Grain Cinnamon-Glazed French Toast	210	300	8
Cargill	Pancakes, waffles, French toast, and pastries	Whole Grain Cinnamon-Glazed French Toast	210	300	8
Cargill	Pancakes, waffles, French toast, and pastries	Whole Grain Cinnamon-Glazed French Toast Sticks	210	300	8
Cargill	Pancakes, waffles, French toast, and pastries	Whole Grain Cinnamon-Glazed French Toast Sticks	210	300	8
Cargill	Pancakes, waffles, French toast, and pastries	Whole Grain French Toast Sticks	170	290	5
General Mills Convenience & Foodservice	Pancakes, waffles, French toast, and pastries	Pillsbury™ Maple Burst'n™ Mini Pancakes	220	270	10
General Mills Convenience & Foodservice	Pancakes, waffles, French toast, and pastries	Pillsbury™ Triple Berry Blast™ Mini French Toast	210	190	10
General Mills Convenience & Foodservice	Pancakes, waffles, French toast, and pastries	Pillsbury™ Blueberry Bash Mini Waffles	200	170	9
General Mills Convenience & Foodservice	Pancakes, waffles, French toast, and pastries	Pillsbury™ Cinnamon Rush™ Mini French Toast	220	200	10
General Mills Convenience & Foodservice	Pancakes, waffles, French toast, and pastries	Pillsbury™ Filled Crescent™ Chocolate	240	270	9

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
General Mills Convenience & Foodservice	Pancakes, waffles, French toast, and pastries	Pillsbury™ Filled Crescent™ Grape	220	260	7
General Mills Convenience & Foodservice	Pancakes, waffles, French toast, and pastries	Pillsbury™ Frudel™ Apple	210	250	9
General Mills Convenience & Foodservice	Pancakes, waffles, French toast, and pastries	Pillsbury™ Frudel™ Cherry	210	260	10
General Mills Convenience & Foodservice	Pancakes, waffles, French toast, and pastries	Pillsbury™ K12 Freezer-to-Oven Whole Grain Cinnamon Roll Dough 2.7oz	270	360	10
General Mills Convenience & Foodservice	Pancakes, waffles, French toast, and pastries	Pillsbury™ Maple Madness Mini Waffles	200	170	12
Kellogg	Pancakes, waffles, French toast, and pastries	Eggo Bites Mini Pancakes Confetti	220	300	11
Kellogg	Pancakes, waffles, French toast, and pastries	Kellogg's Eggo Bites Mini French Toast Chocolate Chip	190	260	10
Kellogg	Pancakes, waffles, French toast, and pastries	Kellogg's Eggo Bites Mini Pancakes Blueberry	210	310	10
Kellogg	Pancakes, waffles, French toast, and pastries	Kellogg's Eggo Bites Mini Pancakes Maple	200	320	11
Kellogg	Pancakes, waffles, French toast, and pastries	Kellogg's Eggo Bites Mini Waffles Maple	190	220	10
Kellogg	Pancakes, waffles, French toast, and pastries	Kellogg's Eggo Cinnamon Toast Waffles	190	260	10
McCain Foods USA	Pancakes, waffles, French toast, and pastries	McCain® Grabitizers™ Battered Whole Wheat French Toast Sticks 5X2 LB (51% WG)	210	125	8
Rich Products	Pancakes, waffles, French toast, and pastries	WGR Cinnamon Ring Donut (Heat and Serve)	210	320	6
Rich Products	Pancakes, waffles, French toast, and pastries	WGR Cinnamon Swirl Roll Dough	170	135	10
Rich Products	Pancakes, waffles, French toast, and pastries	WGR French Toast Bites	190	270	7
Rich Products	Pancakes, waffles, French toast, and pastries	WGR French Toast Sticks (3 piece)	250	300	7
Rich Products	Pancakes, waffles, French toast, and pastries	WGR French Toast Sticks (4 piece)	260	300	8
Rich Products	Pancakes, waffles, French toast, and pastries	WGR Pancake Bites	190	260	6
Rich Products	Pancakes, waffles, French toast, and pastries	WGR Petite Cinnamon Swirl Roll Dough	90	70	5
Rich Products	Pancakes, waffles, French toast, and pastries	WGR Yeast Donut Holes	230	260	4
Rich Products	Pancakes, waffles, French toast, and pastries	WGR Yeast Donut Ring	280	310	5
Tyson	Pancakes, waffles, French toast, and pastries	Bosco® Individually Wrapped Whole Grain Stuffed Breadsticks with Apple Filling (Product Code: 17030721120)	200	170	8
Tyson	Pancakes, waffles, French toast, and pastries	Bosco® Whole Grain Stuffed Breadsticks with Apple Filling (Product Code: 17021721120)	200	170	8
Cargill	Chicken, turkey, and meat, breaded or fried	Seasoned Turkey Patties	100	250	0
Perdue Foods	Chicken, turkey, and meat, breaded or fried	CLUX DELUX® FULLY COOKED, WHOLE GRAIN BREADED CHICKEN BREAST CHUNK (BONELESS WINGS), WITH RE-PACK BOXES, FROZEN	210	370	0
Perdue Foods	Chicken, turkey, and meat, breaded or fried	CLUX DELUX® FULLY COOKED, WHOLE GRAIN BREADED CHICKEN BREAST TENDERLOIN FRITTERS, WITH RE-PACK BOXES, FROZEN	190	330	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Perdue Foods	Chicken, turkey, and meat, breaded or fried	KINGS DELIGHT® NO ANTIBIOTICS EVER, FULLY COOKED, WHOLE GRAIN BREADED CHICKEN BREAST PATTIES, 3.9 OZ, CN LABELED, FROZEN	210	370	0
Perdue Foods	Chicken, turkey, and meat, breaded or fried	KINGS DELIGHT® NO ANTIBIOTICS EVER, FULLY COOKED, WHOLE GRAIN BREADED, CHICKEN BREAST PATTIES, 3.9 OZ, CN LABELED, FROZEN	110	190	0
Perdue Foods	Chicken, turkey, and meat, breaded or fried	KINGS DELIGHT® NO ANTIBIOTICS EVER, FULLY COOKED, WHOLE GRAIN CHICKEN BREAST PATTIE FRITTERS, CN LABELED, FROZEN	250	420	0
Perdue Foods	Chicken, turkey, and meat, breaded or fried	KINGS DELIGHT® NO ANTIBIOTICS EVER, FULLY COOKED, WHOLE GRAIN BREADED CHICKEN BREAST NUGGETS, CN LABELED, FROZEN	220	380	0
Perdue Foods	Chicken, turkey, and meat, breaded or fried	KINGS DELIGHT® NO ANTIBIOTICS EVER, FULLY COOKED, WHOLE GRAIN BREADED TENDER SHAVED CHICKEN BREAST PATTIES, 1.0 OZ, CN LABELED, FROZEN	220	380	0
Perdue Foods	Chicken, turkey, and meat, breaded or fried	EVER, FULLY COOKED BREADED CHICKEN BREAST TENDERLOINS, GLUTEN FREE, FROZEN	170	350	0
Perdue Foods	Chicken, turkey, and meat, breaded or fried	PERDUE® NO ANTIBIOTICS EVER, FULLY COOKED, CHICKEN NUGGETS, DINOSAUR SHAPED, FROZEN	200	370	0
Pilgrim's Pride	Chicken, turkey, and meat, breaded or fried	CN Spicy Whole Grain Breaded Patty with ISP	210	240	0
Pilgrim's Pride	Chicken, turkey, and meat, breaded or fried	CN Whole Grain Breaded Fillet	220	430	0
Pilgrim's Pride	Chicken, turkey, and meat, breaded or fried	CN Whole Grain Breaded Nugget	280	340	0
Pilgrim's Pride	Chicken, turkey, and meat, breaded or fried	CN Whole Grain Breaded Popcorn Chicken	220	430	0
Pilgrim's Pride	Chicken, turkey, and meat, breaded or fried	CN Whole Grain Homestyle Breaded Breakfast Patty with ISP	110	220	0
Pilgrim's Pride	Chicken, turkey, and meat, breaded or fried	CN Whole Grain Homestyle Breaded Chicken Patties	200	400	0
Pilgrim's Pride	Chicken, turkey, and meat, breaded or fried	CN Whole Grain Homestyle Breaded Nugget with ISP	200	400	0
Pilgrim's Pride	Chicken, turkey, and meat, breaded or fried	Whole Grain Breaded Chicken Drumsticks, 4.80 oz	220	420	0
Tyson	Chicken, turkey, and meat, breaded or fried	AdvancePierre™ Breaded Beef Fingers, 0.9 oz. (Product Code: 10000009661)	270	400	0
Tyson	Chicken, turkey, and meat, breaded or fried	AdvancePierre™ Fully Cooked Stick Shaped Whole Grain Breaded Homestyle Beef Steaks, 3.61 oz (Product Code: 10000006604)	270	330	0
Tyson	Chicken, turkey, and meat, breaded or fried	AdvancePierre™ Fully Cooked Whole Grain Breaded Country Fried Beef Patties, 3.89 oz (Product Code: 10000016801)	350	320	0
Tyson	Chicken, turkey, and meat, breaded or fried	AdvancePierre™ Fully Cooked Whole Grain Breaded Country Fried Beef Steak, 3.79 oz (Product Code: 10000068431)	310	380	0
Tyson	Chicken, turkey, and meat, breaded or fried	AdvancePierre™ Fully Cooked Whole Grain Breaded Homestyle Beef Steak Patties, 3.35 oz. (Product Code: 10000009758)	260	380	0
Tyson	Chicken, turkey, and meat, breaded or fried	AdvancePierre™ Fully Cooked, Whole Grain Beef Steak Fritter, 1.96 oz (Product Code: 10000068033)	190	380	0
Tyson	Chicken, turkey, and meat, breaded or fried	AdvancePierre™ Mini Breaded Beef Pattie, 1.97 oz. (Product Code: 10000069033)	160	370	0
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson Mega Minis™ NAE, Fully Cooked, Whole Grain Breaded Waffle Flavored Made With Whole Muscle Chicken Chunks, 0.54 oz. (Product Code: 10204040028)	210	320	2

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked Whole Grain Breaded Golden Crispy Chicken Fries, 0.43 oz. (Product Code: 10703670928)	260	390	1
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Golden Crispy Chicken Patties, 1.6 oz. (Product Code: 10057780928)	90	220	0
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Golden Crispy Chicken Tenders, 1.13 oz. (10703340928)	260	390	1
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Golden Crispy Made With Whole Muscle Boneless Chicken Wings, 0.79 oz. (Product Code: 10703620928)	200	330	0
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Golden Crispy Made With Whole Muscle Chicken Breast Filets, 3.75 oz. (Product Code: 10703020928)	200	290	0
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Golden Crispy Made With Whole Muscle Chicken Tenders, 1.41 oz. (Product Code: 10703320928)	230	410	1
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Golden Crispy Popcorn Chicken, 0.28 oz. (Product Code: 10703680928)	250	380	0
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Homestyle Popcorn Chicken, 0.257 oz. (Product Code: 10029400928)	290	290	0
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Hot 'N Spicy Chicken Drumsticks (Product Code: 10300160928)	210	380	0
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Hot 'N Spicy Chicken Patties, 3.53 oz. (Product Code: 10703140928)	270	400	1
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Hot 'N Spicy Chicken Tenders, 1.14 oz. (Product Code: 10703440928)	260	390	1
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Hot 'N Spicy Made With Whole Muscle Boneless Chicken Wings, 0.76 oz. (Product Code: 10703720928)	200	340	1
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Hot 'N Spicy Made With Whole Muscle Chicken Breast Filets, 3.75 oz. (Product Code: 10703120928)	200	330	1
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Hot 'N Spicy Made With Whole Muscle Chicken Tenders, 1.38 oz. (Product Code: 10703420928)	220	370	0
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Fully Cooked, Whole Grain Breaded Southern Style Made With Whole Muscle Chicken Breast Filets, 2.12 oz. (Product Code: 10703030928)	140	250	0
Tyson	Chicken, turkey, and meat, breaded or fried	Tyson® NAE, Whole Grain Battered Tempura Style Chicken Nuggets, 0.75 oz. (Product Code: 10221780928)	260	350	0
American Foods Group LLC	Chicken, turkey, and meat, plain	Flame Broiled Beef And Chicken Patties 109/2.2 Oz	140	150	0
American Foods Group LLC	Chicken, turkey, and meat, plain	Flame Broiled Beef And Chicken Patties 80/3 Oz	200	210	0
American Foods Group LLC	Chicken, turkey, and meat, plain	Flame Broiled Beef Patties 3/5 Lb	190	200	0
American Foods Group LLC	Chicken, turkey, and meat, plain	Flame Broiled Beef Patties 93/2.6 Oz	140	270	0
American Foods Group LLC	Chicken, turkey, and meat, plain	Fully Cooked Beef Meatballs 2/5 Lb	180	150	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
American Foods Group LLC	Chicken, turkey, and meat, plain	Fully Cooked Chicken And Beef Meatballs 2/5 Lb (Value\$mart)	90	135	0
American Foods Group LLC	Chicken, turkey, and meat, plain	Fully Cooked Pork Rib Shaped Patties 91/2.65 Oz	230	380	0
American Foods Group LLC	Chicken, turkey, and meat, plain	Reduced Sodium Beef Patties	149	285	0
American Foods Group LLC	Chicken, turkey, and meat, plain	Reduced Sodium Fully Cooked Salisbury Steak Patties With Soy 209/2.3 Oz	132	353	0
Campbell's Foodservice	Chicken, turkey, and meat, plain	Swanson® Chunks O' Chicken	70	350	0
Cargill	Chicken, turkey, and meat, plain	Colossal Turkey Wing Drummette	160	210	0
Cargill	Chicken, turkey, and meat, plain	Premium Thick-Cut Oven Roasted Turkey Breast	100	310	0
Cargill	Chicken, turkey, and meat, plain	Ready to Cook Skinless Turkey Breast and Thigh Roast	100	350	0
Cargill	Chicken, turkey, and meat, plain	Ready to Cook Turkey Breast and Thigh Roast	110	320	0
Cargill	Chicken, turkey, and meat, plain	Skinless Turkey Breast and Thigh Roast	110	340	0
Cargill	Chicken, turkey, and meat, plain	Sliced Oven Roasted Reduced Sodium Turkey Breast	100	380	0
Cargill	Chicken, turkey, and meat, plain	Sliced Reduced Sodium Turkey Ham	100	380	0
Cargill	Chicken, turkey, and meat, plain	Sliced Smoked Reduced Sodium Turkey Breast	100	380	0
Cargill	Chicken, turkey, and meat, plain	Sliced Turkey Ham, Naturally Cured	110	420	0
Cargill	Chicken, turkey, and meat, plain	Turkey Crumbles	100	170	0
Cargill	Chicken, turkey, and meat, plain	Turkey Pot Roast Thigh and Breast Meat	130	410	0
Cargill	Chicken, turkey, and meat, plain	Turkey Pot Roast Thigh Meat	120	380	0
Foster Farms	Chicken, turkey, and meat, plain	FC NAE Oven Roasted Chicken Drumsticks, Bulk, Frozen	130	400	0
Foster Farms	Chicken, turkey, and meat, plain	Fully Cooked NAE All Natural Oven Roasted Diced Chicken Breast, Char Marked, CN, Frozen	100	370	0
Foster Farms	Chicken, turkey, and meat, plain	Fully Cooked NAE All Natural Shredded Chicken Breast, CN, Frozen	100	390	0
Foster Farms	Chicken, turkey, and meat, plain	Pre-Sliced Hickory Smoked Turkey Picnic®, Vacuum Packaged, CN Label, Frozen	70	430	0
Pilgrim's Pride	Chicken, turkey, and meat, plain	1/2" Diced Chicken Meat, Natural Proportion	100	320	0
Pilgrim's Pride	Chicken, turkey, and meat, plain	Chris P. Chicken Breast Fillets with Grill Marks, 3.0 oz	100	420	0
Pilgrim's Pride	Chicken, turkey, and meat, plain	Oven Roasted Wings, Large	240	300	0
Rich Products	Chicken, turkey, and meat, plain	Double Rub Pork BBQ no sauce- Commercial	170	220	0
Rich Products	Chicken, turkey, and meat, plain	Double Rub Pork BBQ no sauce- Commercial	120	270	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Rich Products	Chicken, turkey, and meat, plain	Double Rub Pork BBQ no sauce- Commodity	170	220	0
Rich Products	Chicken, turkey, and meat, plain	Italian Beef	260	319	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ All Natural Beef Meatball, 0.46 oz. (Product Code: 10000097686)	230	220	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ All Natural Beef Meatball, 0.46 oz. (Product Code: 10000097687)	220	220	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ All Natural Beef Meatball, 0.93 oz (Product Code: 10000097688)	230	220	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ All Natural Beef Meatball, 0.93 oz (Product Code: 10000097689)	220	220	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Beef Burger, 1.6 oz. (Product Code: 10000069001)	100	80	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Beef Burger, 2.0 oz. (Product Code: 10000069050)	120	100	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Pattie, 2.0 oz. (Product Code: 10000016050)	120	200	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Pattie, 2.0 oz. (Product Code: 10000032568)	140	105	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Pattie, 2.1 oz. (Product Code: 10000069097)	110	45	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Pattie, 2.4 oz. (Product Code: 10000080125)	130	250	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Pattie, 2.4 oz. (Product Code: 10000097949)	150	240	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Pattie, 2.45 oz. (Product Code: 10000013771)	140	290	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Pattie, 2.5 oz. (Product Code: 10000003725)	110	270	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Pattie, 2.5 oz. (Product Code: 10000022191)	170	220	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Pattie, 2.5 oz. (Product Code: 10000055425)	110	270	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Pattie, 2.7 oz. (Product Code: 10000019100)	180	320	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Pattie, 3.0 oz. (Product Code: 10000022193)	170	220	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Patties, 2.5 oz. (Product Code: 10000005252)	150	270	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Steak Burger with Foil Bags, 3.0 oz. (Product Code: 10000015232)	190	260	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Steak Burger, 2.01 oz. (Product Code: 10000015320)	170	85	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Steak Burger, 2.4 oz. (Product Code: 10000015924)	160	100	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Steak Burger, 2.7 oz. (Product Code: 10000015327)	180	115	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Steak Burger, 3.0 oz. (Product Code: 10000015030)	220	290	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Steak Burger, 3.0 oz. (Product Code: 10000015230)	190	260	0



Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Beef Steak Burger, 3.0 oz. (Product Code: 10000015932)	200	130	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Chopped Beef Steak, 3.0 oz. (Product Code: 10000080030)	190	240	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Low Sodium Beef Pattie, 2.25 oz. (Product Code: 10000097902)	130	85	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Flame Grilled Mesquite Flavored Beef Pattie, 2.45 oz. (Product Code: 10000013770)	150	250	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Beef Patties with Sausage Seasoning, 1.25 oz (Product Code: 10000019482)	80	260	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flame Grilled Beef Steak Burger 2.0 oz (Product Code: 10000068050)	130	100	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flame Grilled Beef Steak Burger, 1.61 oz (Product Code: 10000069101)	110	80	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flame Grilled Beef Steak Burger, 2.71oz (Product Code: 10000032709)	220	115	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flame Grilled Beef Steak, 2.21 oz (Product Code: 10000068104)	130	45	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flame Grilled Beef Steak, 2.21 oz (Product Code: 10000069104)	120	55	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flamebroiled Beef Patties made with Applesauce, 2.50 oz (Product Code: 10000042520)	140	270	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flamebroiled Beef Patties, 1.96 oz (Product Code: 10000008200)	130	170	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flamebroiled Beef Patties, 2.10 oz (Product Code: 10000068097)	100	45	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flamebroiled Beef Patties, 2.50 oz (Product Code: 10000055525)	170	220	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flamebroiled Beef Patties, 2.50 oz (Product Code: 10000015552)	200	220	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flamebroiled Beef Patties, 3.00 oz (Product Code: 10000018013)	190	300	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flamebroiled Beef Patties, 3.00 oz (Product Code: 10000096170)	230	370	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flamebroiled Beef Salisbury Steak, 2.25 oz (Product Code: 10000085422)	160	370	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flamebroiled Beef Steak Burger, 3.00 oz (Product Code: 10000052302)	220	290	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flamebroiled Beef Steak Pattie, 2.29 oz (Product Code: 10000013860)	150	260	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flamebroiled Beef Steaks, 2.29 oz (Product Code: 10000037600)	150	260	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Fully Cooked Flamebroiled Halal Certified Beef Steak Burger, 2.00 oz (Product Code: )	160	95	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ Low Sodium Flame Grilled Beef Patties, 2.25 oz. (Product Code: 10000013842)	130	85	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ The Pub Steak Burger® Fully Cooked Flame Grilled Beef Steak Burger 2.39 oz (Product Code: 10000015324)	200	100	0
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ The Pub Steak Burger® Fully Cooked Flame Grilled Beef Steak Burger 2.00 oz (Product Code: 10000015329)	170	85	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Tyson	Chicken, turkey, and meat, plain	AdvancePierre™ The Pub Steak Burger® Fully Cooked Flamebroiled Beef Steak Burger, 3 oz (Product Code: 10000033009)	250	125	0
Tyson	Chicken, turkey, and meat, plain	Ball Park® Flame Grilled Beef Burger, 2 oz. (Product Code: 13811128600)	150	115	0
Tyson	Chicken, turkey, and meat, plain	Ball Park® Flame Grilled Beef Burger, 3 oz. (Product Code: 13811138600)	220	170	0
Tyson	Chicken, turkey, and meat, plain	Ball Park® Flame Grilled Beef Burger, 4 oz. (Product Code: 13811148600)	290	230	0
Tyson	Chicken, turkey, and meat, plain	Bonici® Homestyle Beef Meatballs, 0.5 oz. (Product Code: 10227510928)	200	280	0
Tyson	Chicken, turkey, and meat, plain	Bonici® Italian Beef Meatballs, 0.5 oz. (Product Code: 10248090928)	200	340	0
Tyson	Chicken, turkey, and meat, plain	Bonici® Italian Beef Meatballs, 1 oz. (Product Code: 10248080928)	200	340	0
Tyson	Chicken, turkey, and meat, plain	Tyson® All-Beef Taco Meat (Product Code: 11020820928)	140	420	0
Tyson	Chicken, turkey, and meat, plain	Tyson® Fully Cooked Oven Roasted Pork and Beef Italian Style Meatballs, .5 oz, Approx. 320 Count, 2/5	200	420	0
Tyson	Chicken, turkey, and meat, plain	Tyson® Fully Cooked Oven Roasted Pork and Beef Italian Style Meatballs, 1 oz, Approx. 160 Count, 2/5	200	420	0
Tyson	Chicken, turkey, and meat, plain	Tyson® Homestyle Beef Meatballs, 1 oz. (Product Code: 10247100928)	200	280	0
Tyson	Chicken, turkey, and meat, plain	Tyson® NAE, 100% all natural*, Dark Meat Chicken Strips, with Grill Marks (Product Code: 10167020928)	140	230	0
Tyson	Chicken, turkey, and meat, plain	Tyson® NAE, 100% All Natural*, Low Sodium Diced Natural Proportion Chicken 60/40 White/Dark, 1/2" (Product Code: 10460120928)	100	95	0
Tyson	Chicken, turkey, and meat, plain	Tyson® NAE, 100% All Natural*, Low Sodium Pulled Chicken, 2.2 oz. Reverse Blend 65/35 Dark/White (Product Code: 10460210928)	100	90	0
Tyson	Chicken, turkey, and meat, plain	Tyson® NAE, 100% All Natural*, Low Sodium Chicken Crumbles, 3.0 oz. (Product Code: 10362330928)	100	110	0
Tyson	Chicken, turkey, and meat, plain	Tyson® NAE, All Natural Chicken Philly, 2.52 oz. (Product Code: 10000099823)	80	290	0
Tyson	Chicken, turkey, and meat, plain	Tyson® NAE, Chicken Meatballs, 0.5 oz. (Product Code: 10110260328)	170	200	0
Tyson	Chicken, turkey, and meat, plain	Tyson® NAE, Chicken Meatballs, 1.0 oz. (Product Code: 10197770328)	180	210	0
Tyson	Chicken, turkey, and meat, plain	Tyson® NAE, Chicken Taco Meat, 3.0 oz. (Product Code: 10199570328)	150	320	0
Tyson	Chicken, turkey, and meat, plain	Tyson® NAE, Fajita Dark Meat Chicken Strips, 3.0 oz. (Product Code: 10046210928)	140	400	0
Tyson	Chicken, turkey, and meat, plain	Tyson® NAE, Fajita Seasoned Chicken Strips, 2.8 oz. (Product Code: 10035220928)	120	310	0
Tyson	Chicken, turkey, and meat, plain	Tyson® NAE, Fully Cooked, Chicken Sausage Patties, NAE, 1.43 oz (Product Code: 10174430928)	100	230	0
Tyson	Chicken, turkey, and meat, plain	Tyson® NAE, Grilled Patties, 2.47 oz. (Product Code: 10299010928)	150	210	0
Tyson	Chicken, turkey, and meat, plain	Tyson® Red Label™ Premium Grilled Whole Muscle Filets, 3 oz. (Product Code: 10383000928)	120	390	0



Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Tyson	Chicken, turkey, and meat, plain	Tyson® Red Label™ Select Cut Grilled Chicken Filets, 3 oz. (Product Code: 10383500928)	120	320	0
Land O' Lakes	Other protein, cheese	Land O Lakes® 25% Reduced Fat Colby Jack Cheese Sticks	90	200	0
Land O' Lakes	Other protein, cheese	Land O Lakes® 25% Reduced Fat Mild Cheddar Sticks	90	200	0
Land O' Lakes	Other protein, cheese	Land O Lakes® 25% RS, 50% RF American, Slices, Yellow, 160	70	310	0
Land O' Lakes	Other protein, cheese	Land O Lakes® 50% Reduced Sodium, 50% Reduced Fat American, Slices, Yellow, 160	70	210	0
Land O' Lakes	Other protein, cheese	Land O Lakes® American Cheese Loaf, Yellow	110	370	0
Land O' Lakes	Other protein, cheese	Land O Lakes® American Cheese, Slices, Yellow, 184	90	400	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Colby Jack Cheese Sticks	110	200	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Feather Shredded Mild Cheddar & Monterey Jack Cheese Blend	110	190	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Light Mozzarella String Cheese	60	200	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Mild Cheddar Cheese Cracker Cuts	110	200	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Mild Cheddar Cheese Sticks	110	200	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Mozzarella String Cheese	80	200	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Read-Pac® Pepper Jack Cheese Slices	110	190	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Read-Pac® Reduced Fat Cheddar Cheese Slices	90	190	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Read-Pac® Reduced Fat Swiss Cheese Slices	90	115	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Reduced Fat American, Slices, Yellow, 160	70	420	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Reduced Fat Co-Jack® Cheese Cubes	90	180	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Reduced Fat Mild Cheddar Cheese Cubes	90	190	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Shredded Mild Cheddar	110	190	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Shredded Mozzarella Cheese	90	180	0
Land O' Lakes	Other protein, cheese	Land O Lakes® Shredded Sharp American Cheese	110	400	0
Rich Products	Other protein, cheese	WGR Breaded Mozzarella Cheese Sticks	210	360	0
Cargill	Other protein, eggs	Bacon & Cheese EggStravaganza®	120	280	0
Cargill	Other protein, eggs	Cage Free Grilled Scrambled Egg Patty	50	125	0
Cargill	Other protein, eggs	Cage Free Hard Cooked Chef Grade Egg	70	55	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Cargill	Other protein, eggs	Cage Free Liquid Whole Egg With Citric	70	65	0
Cargill	Other protein, eggs	Cage Free Precooked Scrambled Eggs	45	130	0
Cargill	Other protein, eggs	Colby Cheese Omelet	110	230	0
Cargill	Other protein, eggs	Eggs ASAP! <sup>®</sup>	140	110	0
Cargill	Other protein, eggs	Grilled Scrambled Egg Patty	50	125	0
Cargill	Other protein, eggs	Hard Cooked Chef-Grade Egg	70	55	0
Cargill	Other protein, eggs	Individually Wrapped Colby Cheese Omelet	110	230	0
Cargill	Other protein, eggs	Liquid Whole Egg With Citric	70	65	0
Cargill	Other protein, eggs	Liquid Whole Egg With Citric	70	65	0
Cargill	Other protein, eggs	Precooked Scrambled Eggs	45	130	0
Cargill	Other protein, eggs	Turkey Sausage & Cheese EggStravaganza <sup>®</sup>	100	230	0
Cargill	Other protein, eggs	Turkey Sausage & Cheese Frittata	110	300	0
Rich Products	Other protein, eggs	Savory Eggspedites	110	320	0
Cargill	Sausage, frankfurters, cold cuts	Turkey Sausage Patties	60	110	0
Perdue Foods	Sausage, frankfurters, cold cuts	PERDUE <sup>®</sup> NO ANTIBIOTICS EVER FULLY COOKED TURKEY FRANKS, 8/1 LB	140	300	0
Perdue Foods	Sausage, frankfurters, cold cuts	PERDUE <sup>®</sup> NO ANTIBIOTICS EVER FULLY COOKED TURKEY SAUSAGE PATTIES, 1.2 OZ	80	250	0
Perdue Foods	Sausage, frankfurters, cold cuts	PERDUE <sup>®</sup> SANDWICH BUILDERS <sup>®</sup> FULLY COOKED SMOKED SLICED HAM	60	330	0
Perdue Foods	Sausage, frankfurters, cold cuts	PERDUE <sup>®</sup> SANDWICH BUILDERS <sup>®</sup> NO ANTIBIOTICS EVER MESQUITE SMOKED SLICED TURKEY BREAST, .67 OZ	50	370	0
Perdue Foods	Sausage, frankfurters, cold cuts	PERDUE <sup>®</sup> SANDWICH BUILDERS <sup>®</sup> NO ANTIBIOTICS EVER OVEN ROASTED SLICED TURKEY BREAST, .67 OZ	50	340	0
Pilgrim's Pride	Sausage, frankfurters, cold cuts	CN Sausage Patty	70	340	0
Tyson	Sausage, frankfurters, cold cuts	AdvancePierre <sup>™</sup> Fully Cooked Pork Sausage Links, 1.21 oz (Product Code: 10000004855)	80	260	0
Tyson	Sausage, frankfurters, cold cuts	AdvancePierre <sup>™</sup> Fully Cooked Pork Sausage Links, 1.21 oz (Product Code: 10000013755)	70	260	0
Tyson	Sausage, frankfurters, cold cuts	AdvancePierre <sup>™</sup> Fully Cooked Pork Sausage Pattie, 1.21 oz (Product Code: 10000006750)	70	260	0
Tyson	Sausage, frankfurters, cold cuts	AdvancePierre <sup>™</sup> Fully Cooked Pork Sausage Pattie, 1.21 oz (Product Code: 10000009685)	70	240	0
Tyson	Sausage, frankfurters, cold cuts	AdvancePierre <sup>™</sup> Fully Cooked Pork Sausage Pattie, 1.21 oz (Product Code: 10000013850)	80	240	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Tyson	Sausage, frankfurters, cold cuts	AdvancePierre™ Fully Cooked Pork Sausage Pattie, 1.21 oz (Product Code: 10000029467)	70	240	0
Tyson	Sausage, frankfurters, cold cuts	AdvancePierre™ Fully Cooked Pork Sausage Pattie, 1.71 oz (Product Code: 10000069250)	120	135	0
Tyson	Sausage, frankfurters, cold cuts	AdvancePierre™ Fully Cooked Pork Sausage Pattie, 1.71 oz (Product Code: 10000097839)	120	130	0
Tyson	Sausage, frankfurters, cold cuts	Briar Street Market® Fully Cooked, Pork & Vegetable Protein Skinless Links, CN, No MSG, 4.5", 1.16 oz. (Product Code: 10000019331)	160	320	0
Tyson	Sausage, frankfurters, cold cuts	Briar Street Market® Fully Cooked, Vegetable Protein Pork Sausage Patties, CN, No MSG, 2.875", 1.25 oz. (Product Code: 10000029667)	170	350	0
Tyson	Sausage, frankfurters, cold cuts	Jimmy Dean® Fully Cooked, All Natural*, Formed Pork Sausage Patties, Mild, No MSG, CN, 3.25", 1.5 oz. (Product Code: 10000025446)	130	330	0
Tyson	Sausage, frankfurters, cold cuts	Jimmy Dean® Fully Cooked, All Natural*, Pork Sausage Skinless Links, CN, Mild, No MSG, 3.25", 0.8 oz. (Product Code: 10000025445)	140	310	0
Tyson	Sausage, frankfurters, cold cuts	Jimmy Dean® Fully Cooked, Pork Skinless Links, Maple, CN, No MSG, 3.25", .8 oz. (Product Code: 10000025444)	140	270	1
Tyson	Sausage, frankfurters, cold cuts	Jimmy Dean® Fully Cooked, Reduced Fat Turkey Sausage Patties, CN, 2.25", 1.25 oz (Product Code: 10000015938)	150	400	0
Tyson	Sausage, frankfurters, cold cuts	Jimmy Dean® Fully Cooked, Turkey Sausage Links, 3", .67 oz (Product Code: 10000019669)	60	190	1
Tyson	Sausage, frankfurters, cold cuts	Jimmy Dean® Reduced Fat Country Sage Turkey Sausage Patties, 1.5 oz. (Product Code: 10000014106)	80	310	0
Tyson	Sausage, frankfurters, cold cuts	Tyson® NAE, Sliced Black Forest Chicken Ham, 0.5 oz. (Product Code: 10209800328)	140	430	2
Danone North America	Yogurt	Danimals 4oz. Nonfat Yogurt (Non-GMO) Strawberry	60	70	4
Danone North America	Yogurt	Danimals 4oz. Nonfat Yogurt (Non-GMO) Vanilla	70	70	5
Danone North America	Yogurt	Danimals 4oz. Nonfat Yogurt (Non-GMO) Strawberry-Banana	70	55	5
Danone North America	Yogurt	Dannon Creamy Nonfat 4 oz. (Non-GMO) Vanilla (from Strawberry/Vanilla Twin Pack)	70	70	5
Danone North America	Yogurt	Dannon Creamy Nonfat 4 oz. (Non-GMO) Strawberry (from Strawberry/Vanilla Twin Pack)	60	70	4
Danone North America	Yogurt	Dannon Creamy Nonfat 4 oz. (Non-GMO) Cherry (from Raspberry Cherry Twin Pack)	70	70	5
Danone North America	Yogurt	Dannon Creamy Nonfat 4 oz. (Non-GMO) Raspberry (from Raspberry Cherry Twin Pack)	70	70	5
Danone North America	Yogurt	Dannon Yogurt Quarts Lowfat Plain	110	110	0
Danone North America	Yogurt	Dannon Yogurt Quarts Nonfat Plain	90	115	0
Danone North America	Yogurt	Dannon Yogurt Quarts Nonfat Strawberry	120	95	12
Danone North America	Yogurt	Oikos Black Cherry FOB 0% fat	120	45	10

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
Danone North America	Yogurt	Oikos Blueberry FOB 0% fat	120	45	10
Danone North America	Yogurt	Oikos Greek Nonfat Plain	80	60	0
Danone North America	Yogurt	Oikos Greek Nonfat Vanilla 0% fat	110	45	10
Danone North America	Yogurt	Oikos Greek Quart Nonfat Plain	90	70	0
Danone North America	Yogurt	Oikos Greek Quart Nonfat Vanilla	130	50	11
Danone North America	Yogurt	Oikos Strawberry FOB 0% fat	120	45	10
Danone North America	Yogurt	Oikos Triple Zero Mixed Berry	100	65	0
Danone North America	Yogurt	Oikos Triple Zero Peach	90	65	0
Danone North America	Yogurt	Oikos Triple Zero Strawberry	100	65	0
Danone North America	Yogurt	Oikos Triple Zero Vanilla	100	65	0
Danone North America	Yogurt	Pro Nonfat Greek Plain	100	70	0
Danone North America	Yogurt	Pro Nonfat Greek Vanilla	130	50	11
Danone North America	Yogurt	Pro Nonfat Strawberry	120	95	12
General Mills Convenience &	Yogurt	Yoplait® Original Cherry Orchard	150	90	12
General Mills Convenience &	Yogurt	Yoplait® Original Plain	100	125	0
General Mills Convenience &	Yogurt	Yoplait® ParfaitPro® Greek Yogurt Multiserve Pouch, Fat Free Vanilla	130	60	8
General Mills Convenience &	Yogurt	Yoplait® Smooth Yogurt Horchata 4oz Cup K12	100	60	11
General Mills Convenience &	Yogurt	Yoplait® Smooth Yogurt Strawberry 4oz Cup K12	100	60	11
General Mills Convenience &	Yogurt	Yoplait® Smooth Yogurt Vanilla 4oz Cup K12	100	60	11
General Mills Convenience &	Yogurt	Yoplait® Trix™ Raspberry Rainbow	80	65	5
General Mills Convenience &	Yogurt	Yoplait® Trix™ Strawberry Banana Bash	80	65	5
General Mills Convenience &	Yogurt	Yoplait® Trix™ Triple Cherry	80	65	5
Danone North America	Low-fat, flavored and unflavored	Horizon organic milk Chocolate Low Fat Aseptic	150	180	10
Danone North America	Low-fat, flavored and unflavored	Horizon organic milk Original Low Fat Aseptic	110	130	0
Danone North America	Low-fat, flavored and unflavored	Horizon organic milk Strawberry Low Fat Aseptic	150	160	11
Danone North America	Low-fat, flavored and unflavored	Horizon organic milk Vanilla Low Fat Aseptic	140	130	9

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
J.R. Simplot Co.	Cooked, starchy	baby bakers halves with herbs and parmesan	120	190	0
J.R. Simplot Co.	Cooked, starchy	Baby Bakers Roasted Potatoes	100	180	0
J.R. Simplot Co.	Cooked, starchy	Battered Lattice Cut Fries Skin On	160	430	0
J.R. Simplot Co.	Cooked, starchy	Battered Wedges, Skin On	130	400	0
J.R. Simplot Co.	Cooked, starchy	clear coated crispy potato strips	110	290	0
J.R. Simplot Co.	Cooked, starchy	clear coated julienne cut fries	110	150	0
J.R. Simplot Co.	Cooked, starchy	clear coated shoestring crinkle cut fries	110	240	0
J.R. Simplot Co.	Cooked, starchy	clear coated shoestring fries	110	270	0
J.R. Simplot Co.	Cooked, starchy	Clear Coated Shoestring Fries Skin on	110	150	0
J.R. Simplot Co.	Cooked, starchy	Clear Coated Straight Cut Fries	110	280	0
J.R. Simplot Co.	Cooked, starchy	Clear Coated Straight Cut Fries 5-16 in cut	110	290	0
J.R. Simplot Co.	Cooked, starchy	clear coated straight cut fries skin on 1-4 in by 5-16 in cut	110	260	0
J.R. Simplot Co.	Cooked, starchy	Clear Coated Straight Cut Fries, Skin On	110	270	0
J.R. Simplot Co.	Cooked, starchy	Clear Coated Straight Cut Fries, Skin On 5-16 in	110	290	0
J.R. Simplot Co.	Cooked, starchy	clear coated trifries	110	290	0
J.R. Simplot Co.	Cooked, starchy	cob corn simply sweet	200	0	0
J.R. Simplot Co.	Cooked, starchy	cob corn, simply sweet 3 in cut	240	0	0
J.R. Simplot Co.	Cooked, starchy	Cottage Crinkle Cut Slices, Skin On	130	45	0
J.R. Simplot Co.	Cooked, starchy	Crinkle Cut Fries	80	25	0
J.R. Simplot Co.	Cooked, starchy	Crinkle Cut Fries Northwest Seal	80	25	0
J.R. Simplot Co.	Cooked, starchy	Cubed Hash Browns	80	25	0
J.R. Simplot Co.	Cooked, starchy	cut corn golden jubilee	90	0	0
J.R. Simplot Co.	Cooked, starchy	Cut Corn Simply Sweet	90	0	0
J.R. Simplot Co.	Cooked, starchy	cut corn simply sweet	90	0	0
J.R. Simplot Co.	Cooked, starchy	Deep V Crinkle Cut Fries	70	25	0
J.R. Simplot Co.	Cooked, starchy	Deep V Crinkle Cut Fries	90	180	0
J.R. Simplot Co.	Cooked, starchy	deep v crinkle cut fries .5 in cut	100	180	0
J.R. Simplot Co.	Cooked, starchy	European Style Mini Hash Browns	110	310	0
J.R. Simplot Co.	Cooked, starchy	Flame Roasted Cob Corn	340	45	0
J.R. Simplot Co.	Cooked, starchy	Galley Cut Potato Slices Skin ON	120	40	0
J.R. Simplot Co.	Cooked, starchy	gold straight cut fries, skin on	100	5	0
J.R. Simplot Co.	Cooked, starchy	gold straight cut fries, skin on 5-16 in	100	5	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
J.R. Simplot Co.	Cooked, starchy	home cooked mashed potatoes	150	390	0
J.R. Simplot Co.	Cooked, starchy	Lattice Cut Fries Skin On	160	40	0
J.R. Simplot Co.	Cooked, starchy	Loops Skin On	90	25	0
J.R. Simplot Co.	Cooked, starchy	Original Cut Buffalo Batter flavored Sidewinders Fries Skin	90	270	0
J.R. Simplot Co.	Cooked, starchy	original cut clear coated sidewinders fries	90	260	0
J.R. Simplot Co.	Cooked, starchy	Ovenable Crinkle Cut Fries	80	25	0
J.R. Simplot Co.	Cooked, starchy	ovenable shoestring fries	110	30	0
J.R. Simplot Co.	Cooked, starchy	Peas	70	0	0
J.R. Simplot Co.	Cooked, starchy	Peas	70	0	0
J.R. Simplot Co.	Cooked, starchy	petite peas	70	0	0
J.R. Simplot Co.	Cooked, starchy	plain mashed potatoes	100	20	0
J.R. Simplot Co.	Cooked, starchy	Potato Boats Skin On	80	10	0
J.R. Simplot Co.	Cooked, starchy	Potato Chips Skin On	150	30	0
J.R. Simplot Co.	Cooked, starchy	Potato Chunks, Skin On	120	35	0
J.R. Simplot Co.	Cooked, starchy	Potato Wedges Skin On	100	30	0
J.R. Simplot Co.	Cooked, starchy	potato wedges skin on	110	230	0
J.R. Simplot Co.	Cooked, starchy	Potato Wedges, Skin on	100	30	0
J.R. Simplot Co.	Cooked, starchy	Premium Crinkle Cut Fries	80	25	0
J.R. Simplot Co.	Cooked, starchy	premium crinkle cut fries	80	25	0
J.R. Simplot Co.	Cooked, starchy	Premium Shoestring Fries	100	30	0
J.R. Simplot Co.	Cooked, starchy	Premium Straight Cut Fries	90	30	0
J.R. Simplot Co.	Cooked, starchy	Ready-to-Eat Cut Corn, Golden Jubilee	90	0	0
J.R. Simplot Co.	Cooked, starchy	Ready-to-Eat Flame-Roasted Simply Sweet Cut Corn	100	0	0
J.R. Simplot Co.	Cooked, starchy	redskin garlic mashed potatoes	150	420	0
J.R. Simplot Co.	Cooked, starchy	Redskin Half Sliced Potatoes	60	15	0
J.R. Simplot Co.	Cooked, starchy	Redskin Mashed potatoes	150	420	0
J.R. Simplot Co.	Cooked, starchy	Redskin Potato Wedges	60	15	0
J.R. Simplot Co.	Cooked, starchy	redskin tri-cut potatoes	60	15	0
J.R. Simplot Co.	Cooked, starchy	roasted garlic mashed potatoes	150	410	0
J.R. Simplot Co.	Cooked, starchy	roasted gold and redskin potatoes	100	220	0
J.R. Simplot Co.	Cooked, starchy	roasted herb and garlic russet potatoes	120	210	1
J.R. Simplot Co.	Cooked, starchy	roasted maple sweet potatoes	140	180	6
J.R. Simplot Co.	Cooked, starchy	Roasted Redskin Potato and Vegetable Blend	100	230	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
J.R. Simplot Co.	Cooked, starchy	roasted redskin potatoes	80	0	0
J.R. Simplot Co.	Cooked, starchy	Roasted Rosemary Redskin Potato Halves	110	190	1
J.R. Simplot Co.	Cooked, starchy	roasted rosemary redskin potatoes	120	190	0
J.R. Simplot Co.	Cooked, starchy	rosemary julienne cut fries skin on	120	310	0
J.R. Simplot Co.	Cooked, starchy	Savory Battered Straight Cut Fries, Skin On	110	350	0
J.R. Simplot Co.	Cooked, starchy	Savory Battered Straight Cut Fries, Skin On 5-16 in by 3-8 in	120	320	0
J.R. Simplot Co.	Cooked, starchy	Savory Battered Wedges skin on 6 cut	120	420	0
J.R. Simplot Co.	Cooked, starchy	Savory Loops, Reduced Sodium	100	120	0
J.R. Simplot Co.	Cooked, starchy	Savory Reduced Sodium Fries, Skin On	130	150	0
J.R. Simplot Co.	Cooked, starchy	Savory Reduced Sodium Wedges, Skin On	120	120	0
J.R. Simplot Co.	Cooked, starchy	Shoestring Fries	130	200	0
J.R. Simplot Co.	Cooked, starchy	shoestring fries northwest seal	100	30	0
J.R. Simplot Co.	Cooked, starchy	Shredded Hash Browns	80	20	0
J.R. Simplot Co.	Cooked, starchy	Sliced Hash Brown	60	15	0
J.R. Simplot Co.	Cooked, starchy	Sliced Hash Browns	60	15	0
J.R. Simplot Co.	Cooked, starchy	Sour Cream and Chive Wedges Skin On	130	380	0
J.R. Simplot Co.	Cooked, starchy	straight cut fries	90	30	0
J.R. Simplot Co.	Cooked, starchy	straight cut fries 3-8 in cut	110	200	0
J.R. Simplot Co.	Cooked, starchy	straight cut fries 5-16 in by 3-8 in	130	200	0
J.R. Simplot Co.	Cooked, starchy	straight cut fries 5-16 in cut	90	30	0
J.R. Simplot Co.	Cooked, starchy	straight cut fries skin on	100	30	0
J.R. Simplot Co.	Cooked, starchy	Straight Cut Fries, Northwest Seal	90	30	0
J.R. Simplot Co.	Cooked, starchy	Straight Cut Fries, Northwest Seal cut size 3/8in	90	30	0
J.R. Simplot Co.	Cooked, starchy	Straight Cut Fries, Skin On	90	30	0
J.R. Simplot Co.	Cooked, starchy	Sweet Potato Crinkle Cut Fries	140	150	0
J.R. Simplot Co.	Cooked, starchy	Sweet Potato Crinkle Cut Fries cut size 3-8 in	130	170	0
J.R. Simplot Co.	Cooked, starchy	Sweet Potato Entree Cut Fries	130	170	0
J.R. Simplot Co.	Cooked, starchy	Sweet Potato Gems	110	290	1
J.R. Simplot Co.	Cooked, starchy	Sweet Potato Lattice Cut Fries	140	170	0
J.R. Simplot Co.	Cooked, starchy	Sweet Potato Shoestring Fries	160	170	0
J.R. Simplot Co.	Cooked, starchy	sweet potato shoestring Fries 1-4 in cut	140	160	0
J.R. Simplot Co.	Cooked, starchy	Sweet Potato Slims Fries	130	170	0
J.R. Simplot Co.	Cooked, starchy	sweet potato straight cut fries	150	180	0
J.R. Simplot Co.	Cooked, starchy	sweet potato thin cut fries	140	160	0
J.R. Simplot Co.	Cooked, starchy	Sweet Potato Wedges	140	170	0
J.R. Simplot Co.	Cooked, starchy	tater bucks	140	370	0

Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
J.R. Simplot Co.	Cooked, starchy	tater gems	130	300	0
J.R. Simplot Co.	Cooked, starchy	tater gems reduced sodium	140	190	0
J.R. Simplot Co.	Cooked, starchy	tiny triangles	150	360	0
J.R. Simplot Co.	Cooked, starchy	Traditional shredded hash browns	80	20	0
J.R. Simplot Co.	Cooked, starchy	Vanilla Sweet Potato Straight Cut Fries	160	250	1
J.R. Simplot Co.	Cooked, starchy	Whole Green Beans	30	0	0
J.R. Simplot Co.	Cooked, starchy	Whole Green Beans	30	0	0
J.R. Simplot Co.	Cooked, starchy	whole white potatoes	60	1	0
McCain Foods USA	Cooked, starchy	McCain® Bakeable Regular Crinkle Fries 3/8" L	90	25	0
McCain Foods USA	Cooked, starchy	McCain® Bakeable Regular Fries 3/8" XL	90	30	0
McCain Foods USA	Cooked, starchy	McCain® Bakeable Thick Crinkle Fries 1/2"	90	20	0
McCain Foods USA	Cooked, starchy	McCain® Chopped Seasoned Skin-On Half Cut Roasted Redskin [Garlic, Rosemary & Herb]	100	150	0
McCain Foods USA	Cooked, starchy	McCain® Chopped Seasoned Skin-On Roasted Potato [Garlic, Rosemary & Herb]	120	250	0
McCain Foods USA	Cooked, starchy	McCain® Chopped Seasoned Skin-On Roasted Redskin [Garlic, Rosemary & Herb]	70	90	0
McCain Foods USA	Cooked, starchy	McCain® Crispy Bakeable Seasoned Skin-On Thick Fries 1/2" XL	110	110	0
McCain Foods USA	Cooked, starchy	McCain® Crispy Bakeable Seasoned Skin-On Regular 8-Cut Wedges	120	140	0
McCain Foods USA	Cooked, starchy	McCain® Crispy Bakeable Seasoned Spirals	90	210	0
McCain Foods USA	Cooked, starchy	McCain® Emoticons™ Crispy Mashed Potato Shapes	120	80	0
McCain Foods USA	Cooked, starchy	McCain® Harvest Splendor® Savory Seasoned Sweet Potato Regular Fries 5/16" XL	160	190	0
McCain Foods USA	Cooked, starchy	McCain® Harvest Splendor® Sweet Potato Cross Trax®	150	180	1
McCain Foods USA	Cooked, starchy	McCain® Harvest Splendor® Sweet Potato Deep Groove Crinkle Fries 7/16" XL	170	260	0.5
McCain Foods USA	Cooked, starchy	McCain® Harvest Splendor® Sweet Potato Maxi Fries 1/4" X 1/2" XL	160	220	0
McCain Foods USA	Cooked, starchy	McCain® Harvest Splendor® Sweet Potato Regular Fries 3/8" XL	160	240	0
McCain Foods USA	Cooked, starchy	McCain® Harvest Splendor® Sweet Potato Slim Fries 7/32" X 3/8" XL	170	240	0.5
McCain Foods USA	Cooked, starchy	McCain® Harvest Splendor® Sweet Potato Thin Fries 5/16" XL	170	170	0
McCain Foods USA	Cooked, starchy	McCain® Harvest Splendor® Sweet Potato Thin Ridge 10-Cut Wedges	200	230	2
McCain Foods USA	Cooked, starchy	McCain® Hash Brown Rounds	90	190	0
McCain Foods USA	Cooked, starchy	McCain® Potato Skins 3-1/4" to 4-1/4" L	160	15	0



Company	Category	Product Name	Calories	Sodium (mg)	Added Sugars (g) Red text = estimated value
McCain Foods USA	Cooked, starchy	McCain® Redstone Canyon® Skin-On Regular Fries 3/8" XL	110	270	0
McCain Foods USA	Cooked, starchy	McCain® Redstone Canyon® Skin-On Spiral Fries	110	250	0
McCain Foods USA	Cooked, starchy	McCain® Redstone Canyon® Skin-On Thin Fries 5/16" XL	120	290	0
McCain Foods USA	Cooked, starchy	McCain® Redstone Canyon® Skin-On Waffle Fries	170	340	0
McCain Foods USA	Cooked, starchy	McCain® Reduced Sodium Skin-Off Homestyle Mashed Potatoes	120	125	0
McCain Foods USA	Cooked, starchy	McCain® Regular Fries 3/8" XL	80	20	0
McCain Foods USA	Cooked, starchy	McCain® Seasoned Skin-Off Homestyle Mashed Potatoes	110	340	0
McCain Foods USA	Cooked, starchy	McCain® Shoestring Fries 1/4" XL	80	15	0
McCain Foods USA	Cooked, starchy	McCain® Skin-On Regular 8-Cut Wedges	90	20	0
McCain Foods USA	Cooked, starchy	McCain® Skin-On Spiral Fries	90	25	0
McCain Foods USA	Cooked, starchy	McCain® Skin-On Thin 10-Cut Wedges	110	0	0
McCain Foods USA	Cooked, starchy	McCain® Skin-On Waffle Fries	120	20	0
McCain Foods USA	Cooked, starchy	McCain® Smiles® Crispy Mashed Potato Shapes	130	120	0
McCain Foods USA	Cooked, starchy	McCain® SureCrisp™ Regular Fries 3/8" PXL	80	290	0
McCain Foods USA	Cooked, starchy	McCain® SureCrisp™ Shoestring Fries 1/4" PXL	110	320	0
McCain Foods USA	Cooked, starchy	Ore-Ida® EverCrisp® Thin Regular Fries 5/16" X 3/8" XL	130	300	0
McCain Foods USA	Cooked, starchy	Ore-Ida® IQF Hash Brown Shreds Thin	70	20	0
McCain Foods USA	Cooked, starchy	Ore-Ida® Reduced Sodium Tater Tots®	90	160	0
McCain Foods USA	Cooked, starchy	ORE-IDA® SEASONED HOMESTYLE MASH MAKERS® MASHED POTATOES	110	340	0
McCain Foods USA	Cooked, starchy	Ore-Ida® Tater Tots®	110	310	0
Campbell's Foodservice	Dark green, other, beans and peas, mixtures, cooked and raw	Campbell's® Signature Healthy Request® Mediterranean Style Vegetable Soup (Condensed)	100	410	1
Campbell's Foodservice	Dark green, other, beans and peas, mixtures, cooked and raw	Campbell's® Signature Reduced Sodium Vegan Vegetable Soup	70	390	1
Campbell's Foodservice	Dark green, other, beans and peas, mixtures, cooked and raw	V8® Low Sodium 100% Vegetable Juice	45	140	0
Campbell's Foodservice	Dark green, other, beans and peas, mixtures, cooked and raw	V8® Low Sodium Spicy Hot 100% Vegetable Juice	45	140	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	5 Way Vegetable Blend	60	25	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	5- way vegetable blend	60	25	0

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J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	antigua vegetable blend	30	20	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	asparagus cuts and tips	30	0	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	asparagus spears	25	5	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	avocado halves frozen	170	45	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Avocado Pulp Fresh	180	10	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Avocado Pulp Frozen	180	80	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	avocado Pulp Frozen	180	80	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	avocado slices frozen	170	45	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	baby lima beans	90	25	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Broccoli Cuts IQF	30	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Broccoli cuts IQF	30	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Broccoli Cuts, Wet Pack	30	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	broccoli floret, wet pack	20	10	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	broccoli florets IQF	25	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	broccoli spears wet pack	25	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	brussels sprouts	50	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	california vegetable blend	30	25	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	california vegetable blend	25	25	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	catalina vegetable blend	30	25	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Cauliflower IQF	25	30	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	chopped spinach IQF	120	210	1
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	chopped spinach, wet pack	40	220	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	chuckwagon corn blend	80	0	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	chunky avocado pulp fresh	180	10	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Chunky Avocado Pulp Frozen	180	45	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Chunky Avocado Pulp Frozen	180	45	0

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J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Chunky Avocado Pulp, Fresh	180	10	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	country mix vegetable blend	50	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	cut leaf spinach IQF	50	160	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Diced Avocado Frozen	110	30	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	diced green peppers	30	5	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	diced onion	50	10	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	edamame succotash	90	0	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	extreme supreme guacamole fresh	150	340	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Extreme Supreme Guacamole, Frozen	150	340	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Extreme Supreme Guacamole, Frozen	150	340	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Flame-Roasted Corn & Jalapeno Blend	100	125	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Flame-roasted corn and black bean fiesta blend	110	150	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Flame-Roasted Sweet Corn & Pepper Blend	120	135	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Flame-Roasted Unseasoned Peppers and Onions Blend	60	10	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	French Cut Green Bean	25	0	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Guacamole Especial Frozen	140	350	1
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	haricot de deux vegetable blend	35	0	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	haricot vert	25	0	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	italian beans	35	0	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	italian vegetable blend	35	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Italian vegetable blend	35	25	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	kyoto vegetable blend	60	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Meadow Vegetable Blend	30	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	midori vegetable blend	70	0	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	mirepoix vegetable blend	40	45	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Monaco Vegetable Blend	30	10	0

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J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	monterey vegetable blend	30	40	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	normandy vegetable blend	25	20	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Oriental Vegetable Blend	30	5	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	oriental vegetable blend	30	5	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Original Guacamole, Fresh	180	300	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	pearl onions IQF	50	5	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Peas and Diced Carrots	60	20	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	peas and diced carrots	60	20	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	pepper and onion blend	40	10	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	pepper and onion fajita blend	40	10	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	provence vegetable blend	30	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Ready-to-eat flame-roasted pepper and onion blend	80	140	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Ready-to-eat flame-roasted pepper and onion blend cooked	50	90	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	ready-to-eat flame-roasted pineapple and pepper blend thaw and serve	70	80	1
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	ready-to-eat flame-roasted pineapple and pepper blend blend cooked	60	70	1
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Regular Cut green Beans	30	0	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Regular Cut green Beans	30	0	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Roasted Mediterranean Vegetable Blend	50	270	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Roasted Potato Medley	110	270	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	roasted redskin potatoes and jalapeno blend	100	160	1
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Roasted Root Vegetable Blend	100	280	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	santa fe vegetable blend	70	5	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Santa Fe Vegetable Blend with Mexicali Sauce	100	260	2
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	scandinavian vegetable blend	45	10	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Shelled Edamame	90	5	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Smooth Sliced Yellow Squash	25	0	0

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J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Smooth Sliced Zucchini	25	10	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	sonoma vegetable blend	30	30	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Spring Vegetable Blend	30	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Stir Fry Supreme Vegetable Blend	40	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	sugar snap pea stir fry blend	35	10	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Sugar Snap Peas	40	0	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Tuscan Vegetable Blend	30	15	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Western Guacamole Fresh	100	250	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	western guacamole fresh	150	370	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Western Guacamole Frozen	150	370	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Western Guacamole, Frozen	150	330	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Whole Edamame	140	10	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Winter Vegetable Blend	25	20	0
J.R. Simplot Co.	Dark green, other, beans and peas, mixtures, cooked and raw	Zesty Guacamole Frozen	150	330	0
McCain Foods USA	Dark green, other, beans and peas, mixtures, cooked and raw	McCain® Grabitizers™ Breaded Preformed Onion Rings 12X2 LB	160	150	0
Campbell's Foodservice	Red and orange, cooked and raw	Campbell's® Healthy Request Tomato Soup (Condensed)	90	390	7
Campbell's Foodservice	Red and orange, cooked and raw	Campbell's® Signature Healthy Request ®Harvest Tomato with Basil Soup (Condensed)	100	410	8
Campbell's Foodservice	Red and orange, cooked and raw	Campbell's® Signature Reduced Sodium Tomato Basil Soup	80	390	3
Campbell's Foodservice	Red and orange, cooked and raw	Prego® No Salt Added Pasta Sauce	80	40	0
J.R. Simplot Co.	Red and orange, cooked and raw	Baby Carrots Whole IQF	35	35	0
J.R. Simplot Co.	Red and orange, cooked and raw	baby whole carrots	35	35	0
J.R. Simplot Co.	Red and orange, cooked and raw	Butternut Squash Puree	50	0	0
J.R. Simplot Co.	Red and orange, cooked and raw	carrot slices crinkle cut	40	40	0
J.R. Simplot Co.	Red and orange, cooked and raw	Carrot Slices, Crinkle Cut	40	40	0
J.R. Simplot Co.	Red and orange, cooked and raw	diced red pepper	30	5	0
J.R. Simplot Co.	Red and orange, cooked and raw	Flame-Roasted Red Peppers	80	320	0

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J.R. Simplot Co.	Red and orange, cooked and raw	parisian carrots	35	35	0
J.R. Simplot Co.	Red and orange, cooked and raw	Ready-to-Eat Diced Carrots	40	40	0
J.R. Simplot Co.	Red and orange, cooked and raw	ready-to-eat diced carrots	40	40	0
J.R. Simplot Co.	Red and orange, cooked and raw	roasted sweet potatoes	80	25	0
J.R. Simplot Co.	Red and orange, cooked and raw	sliced carrots smooth	40	40	0
J.R. Simplot Co.	Red and orange, cooked and raw	sliced carrots smooth	40	40	0
Kraft Heinz Co.	Red and orange, cooked and raw	Heinz No Salt Added Crushed Tomatoes	50	35	0
Kraft Heinz Co.	Red and orange, cooked and raw	Heinz No Salt Added Diced Tomatoes	30	15	0
Kraft Heinz Co.	Red and orange, cooked and raw	Heinz Tomato Paste	35	25	0
Kraft Heinz Co.	Red and orange, cooked and raw	Heinz Tomato Puree	30	25	0
Kraft Heinz Co.	Red and orange, cooked and raw	Heinz Tomato Puree Vol-Pak	30	25	0
Kraft Heinz Co.	Red and orange, cooked and raw	Heinz Tomato Sauce	20	360	0
Kraft Heinz Co.	Red and orange, cooked and raw	Heinz Tomato Sauce	20	360	0
Kraft Heinz Co.	Red and orange, cooked and raw	Heinz Tomato Sauce Vol-Pak	20	360	0